

6<sup>th</sup> International Winter School in Evidence-Based Practice at KAMK School of Health

## Face-To-Face Encounters with Patients

16. – 20.3.2020

The 6<sup>th</sup> international intensive course aims at providing students with an international perspective into evidence-based practice.

1. **Course code:** SHVU001
2. **Course title:** EBP 2020 Winter School: Face-to-Face Encounters with Patients
3. **Teaching period:** Spring semester 2020 (week 12)
4. **Extent:** 2 ECTS
5. **Objective:** Students can apply nursing-scientific and evidence-based knowledge and develop their professional and intercultural competence.
6. **Academic level:** Bachelor (1<sup>st</sup> cycle) students of nursing and health care
7. **Language of instruction:** English
8. **Students:** international and Finnish Bachelor students of Health Care (nurse students)
9. **Teachers:** international and KAMK teachers
10. **Learning strategies:** collaborative learning by doing and team teaching; workshops with minilectures and hands-on learning activities etc.; student group work; and reflective group learning diary
11. **Coursework requirements:** active participation in course activities, completed course tasks and reflective group learning diary
12. **Course assessment:** pass – fail
13. **Pre-course tasks:** presentation on nurse education, good morning activities and article
14. **Course responsibility:**  
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### STUDENTS

- international students from Belgium, Germany, Kosovo and Russia
- 3<sup>rd</sup>-year nurse students from KAMK

### TEACHERS

**Group 1:** Saskia Fischer (Brandenburg University of Technology, Cottbus-Senftenberg, Germany) and Raila Arpala (KAMK)

**Group 2:** Siew Lee (Robert Gordon University, Aberdeen, Scotland), Gladys Seroney (University of Maseno, Kisumu, Kenya) and Maija-Liisa Punta-Saastamoinen (KAMK)

**Group 3:** Marie-Line Himpe (Howest University of Applied Sciences, Belgium), Gabriela Schmitz (Brandenburg University of Technology, Cottbus-Senftenberg, Germany) and Taina Romppanen (KAMK)

**Group 4:** Florian Schimböck (Brandenburg University of Technology, Cottbus-Senftenberg, Germany), David Sang (University of Maseno, Kisumu, Kenya) and Jukka Seppänen (KAMK)

## COURSE DELIVERY

### Introduction

- The course starts on Monday 16.3.2020 with the opening of the 2020 International Week at the KAMK School of Health, introduction to the EBP 2020 Winter School and keynote lecture.

### Workshops

- International and KAMK teachers, working as teacher teams, choose an approach related to the general theme of the EBP 2020 Winter School and introduce this approach in their workshop. They plan one 2-hour workshop which they give four times, each time to a different student group.
- Students are divided into four groups, and each teacher team is assigned their own, named student group. Teachers divide their group into smaller groups (e.g. 4x4) for the student group work.
- Teachers also plan the grouping and ice-breaking activities and supervise student group works.

### Moodle

- The course 'EBP 2020 Winter School' is available on KAMK DevMoodle.
- The course key is EBP2020.

## COURSE TASKS FOR STUDENTS

### Course assessment: pass – fail

- Students must attend and participate actively in workshops and group work in order to receive 2 ECTS for their contribution.

### Pre-course task #1 (reading): Anderson, B. (2019). Reflecting on the communication process in health care. Part 1 – breaking bad news. British Journal of Nursing, Vol. 28, No 13.

- Study the article that was emailed to you and find the key points.
- The article will be discussed on Monday 16.3.2020.

### Pre-course task #2: Presentation on nurse education at your university

- Prepare a 5-minute presentation on your nurse education.
- Presentations are given on Monday 16.3.2020.

### Pre-course task #3: Good morning activities

- KAMK students instruct 30-minute good morning activities on Tuesday and Wednesday morning and international students on Thursday morning.
- The objective is that students introduce their country and culture through interactive activities.

### Course task #1: Group work and presentation

- Working in small groups, students reflect on what they have learnt in the workshops, relate their learning outcomes to Part 2 of the pre-course article and create a presentation using PowerPoint, poster, drama etc. to visualize their learning outcomes.
- **Anderson, B. (2019). Reflecting on the communication process in health care. Part 2 – the management of complaints. British Journal of Nursing, Vol. 28, No 14.**

### Course task #2: Reflective group learning diary

- Write a 400-word (one A4 sheet) reflective group learning diary in English and reflect on *how the intensive course promoted their professional and intercultural competence*. Learning diaries must be uploaded onto Moodle by 20.3.2020.

**Program (liable for changes)**

Monday 16.3.2020	Tuesday 17.3.2020	Wednesday 18.3.2020	Thursday 19.3.2020	Friday 20.3.2020
Transportation to the university	Transportation to the university	Transportation to the university	Transportation to the university	Transportation to the university
<p><b>9:00</b> Registration Taito2</p> <p><b>9:30</b> Opening of EBP 2020 Mikko Keränen, head of school Taito2 auditorium</p> <p><b>10:00 – 10:30</b> Keynote lecture Anne Ballini, RN Taito2 auditorium</p> <p><b>10:30 – 11:00</b> Coffee break</p> <p><b>11:00 – 12:30</b> Introductions, grouping and ice-breaking activities in small groups</p>	<p><b>8:30</b> Good morning! Finnish students in small groups</p> <p><b>9:00 – 12:30</b> Workshops See the group programs.</p> <p>Instructions for student group work  (coffee break)</p>	<p><b>8:30</b> Good morning! Finnish students in small groups</p> <p><b>9:00 – 12:30</b> Workshops See the group programs.</p> <p>(coffee break)</p>	<p><b>8:30</b> Good morning! International students in small groups</p> <p><b>9:00 – 10:00</b> Delirium a lecture by Florian Schimböck</p> <p>Student group work Teachers available for consultation</p> <p>Teachers: visit to Kainuu New Hospital</p>	<p><b>8:15 – 10:15</b> Presentations in small groups</p> <p><b>10:30</b> Closing of the EBP 2020 Taito2 auditorium</p>
<b>12:30 – 13:30 Lunch at Fox</b>	<b>12:30 – 13:30 Lunch at Fox</b>	<b>12:30 – 13:30 Lunch at Fox</b>	<b>12:30 – 13:30 Lunch at Fox</b>	<b>11:30 – 12:15 lunch at Fox</b>
<p><b>13:30 – 15:00</b> Presentations of nurse education in different countries &amp; study circles (pre-course task #1) in small groups</p> <p><b>15:00 – 17:00</b> Get Together Buffet All students and teachers Student restaurant FOX</p> <p>Bus to the hotels at 17:00</p>	<p><b>13:30 – 15:30</b> Workshops See the group programs.</p>	<p><b>13:30 – 15:30</b> Workshops See the group programs.</p>	<p><b>13:30 – 15:30</b> Students: working on group works</p> <p>Teachers: discussions on current issues (incl. implementation of blended learning studies) and feedback on EBP2020 Winter School</p>	Transportation to the airport at 12:15 Bus leaves by FOX
Free	Bus to the hotels at 16:00	<p>Snow shoeing and winter swimming International teachers at 15:30 International students at 18:00 Bus to the Cold and Sauna Centre and hotels at 15:30</p>	<p>International students and teachers: husky safari Bus leaves at 15:30</p>	

**EBP 2019**

