



## 8<sup>th</sup> International EBP Winter School at KAMK School of Health and Social Services

# Rethinking the Future

14. – 17.2.2022

The 8<sup>th</sup> international EBP Winter School aims to provide students with international perspectives into evidence-based practice in health and social services. The course is organized virtually on Teams.

1. **Course title:** Rethinking the Future
2. **Teaching period:** Spring semester 2022
3. **Extent:** 2 ECTS
4. **Learning objective:** Students apply evidence-based knowledge and develop their professional and intercultural competence.
5. **Academic level:** Bachelor (1<sup>st</sup> cycle) students of nursing and social services
6. **Language of instruction:** English
7. **Students:** International and Finnish Bachelor students of nursing and social services
8. **Lecturers:** International and KAMK lecturers
  - International lecturers are invited to give a lecture (appr. 45 minutes) of their chosen topic and participate in the workshops.
9. **Workshops chaired by KAMK lecturers**
  - **Matti Heikkinen: Problem-solving skills**
    - Article: Applying lean production to the public sector ([Applying lean production to the public sector \(nzbef.org.nz\)](https://nzbef.org.nz/))
    - Pre-workshop video: [Ammatillinen osaaminen sosiaalialan asiakastyössä \(SO00CA24\) 2/2 - YouTube](#) (subtitles in Finnish, English, German, and Dutch)
  - **Liisa Kempainen: Night shift on a palliative ward**
    - Article: The nurse's role in palliative care: A qualitative meta-synthesis (<https://onlinelibrary.wiley.com/doi/epdf/10.1111/jocn.13912>)
  - **Taina Romppanen and Sanni Vuorinen: Designing a serious game**
    - Article: Development of a serious game as a method to support youth work: A case study ([paper3.pdf \(ceur-ws.org\)](#))
  - **Jukka Seppänen and Florian Schimböck: A room of horror**
    - Article: Student nurses' strategies when speaking up for patient safety: a qualitative study
10. **Course tasks for students:**
  - **Active participation** in course activities
  - **Course task #1: Presentation.** Create a 5-minute presentation on your nurse, public health nurse or social services education.
  - **Course task #2: Articles.** Study the above-named articles before attending the workshops.
  - **Course task #3: Reflections.**
    - Discuss your learning outcomes together with your team.
      - How did this Winter School contribute to your personal and/ or professional growth and development?
      - Did it meet your expectations?
      - What were the successful and not so successful moments?
    - Create a presentation using Canva, PowerPoint etc. to introduce your reflections to other students on Thursday morning.
11. **Course assessment:** Pass – fail
12. **Course responsibility:** Jaana Härkönen ([jaana.harkonen@kamk.fi](mailto:jaana.harkonen@kamk.fi))

## Program

NB! Times are Finnish times. Teams links will be provided later.

Monday 14.2.2022 St. Valentine's Day	Tuesday 15.2.2022	Wednesday 16.2.2022	Thursday 17.2.2022
<p><b>9.00 – 11.00</b> <b>Opening of the 8<sup>th</sup> EBP Winter School</b> Matti Sarén, President of KAMK Minna Hökkä, Head of the School of Health and Social Services</p> <p><b>Developing nursing education in palliative care – new innovations and global views</b> Piret Paal, Priv.-Doz. Dr. Paracelsus Medical University, Institute of Nursing Science and Practice (Austria)</p> <p><b>Serious Games – promoting life management and wellbeing</b> Tanja Korhonen, Senior Lecturer, PhD, KAMK School of Information Systems</p>	<p><b>9.00 – 9.45</b> <b>Lectures by international lecturers</b></p> <p><b>10.00 – 12.00</b> <b>Health Technology – a challenge or opportunity for social and health care services in rural areas</b> (webinar) Digital Health &amp; Care Innovation Center (DHI) and KAMK</p>	<p><b>9.00 – 10.30</b> <b>Virtual Workshops</b></p> <p><b>11.00 – 12.00</b> <b>Lectures by international lecturers</b></p>	<p><b>9.00 – 11.00</b> <b>Reflections in small groups</b></p> <p><b>11.15 – 12.00</b> <b>Closing of the 8<sup>th</sup> EBP Winter School</b></p>
<b>12.00 – 12.30 lunch</b>	<b>12.00 – 12.30 lunch</b>	<b>12.00 – 12.30 lunch</b>	
<p><b>12.30 – 14.00</b> <b>Grouping activities and presentations on nurse and social services education at different universities</b> in pre-assigned small groups</p>	<p><b>12.30 – 14.00</b> <b>Virtual Workshops</b></p>	<p><b>12.30 – 16.00</b> <b>Students:</b> time to work on reflections</p> <p><b>13.00 – 15.00</b> <b>Lecturers:</b> Virtual Café</p>	
<b>14.00 – 14.30 break</b>	<b>14.00 – 14.30 break</b>		
<p><b>14.30 – 16.00</b> <b>Virtual Workshops</b></p>	<p><b>14.30 – 16.00</b> <b>Virtual Workshops</b></p>		