

KAMK International Week 2017: 3rd International Intensive Course in Evidence-Based Nursing

Communication

February 20 – 24, 2017

The 3rd international intensive course *Communication* (2 ECTS) is part of a 5-ECTS course on the development of evidence-based nursing and aims at providing students with an international perspective into evidence-based nursing care.

1. Course code	SHVU001
2. Course title	Communication in Evidence-Based Nursing
3. Teaching period	Spring semester 2017, week 8 (20.-24.2.2017)
4. Extent	2 ECTS
5. Objective	The student is able to apply current, nursing-scientific and evidence-based knowledge when planning, implementing, evaluating and developing nursing care and his/ her professional competence.
6. Academic level	Bachelor (1 st cycle, 3 rd -year students) and Master (2 nd cycle) students
7. Language of instruction	English
8. Students	3 rd -year students of nursing and public health nursing from KAMK and students from partner universities
9. Learning strategies	Lectures and group work, presentations, and reflective learning diary
10. Coursework requirements	Active participation in lectures and group work, presentation of group work and reflective group learning diary
11. Course assessment	Pass – fail
12. Pre-course reading	Bramhall, E. (2014). Effective communication skills in nursing practice. <i>Nursing Standard</i> , 29, 14, 53 - 59.

PARTICIPANTS

Students International (from Belgium, Scotland, Denmark and Germany) and Finnish Bachelor of Health Care students (nurse and public health nurse students), and 2nd-year Master of Social and Health Care students participate in the course. Master students study for a second-cycle degree qualification in social and health care and provide the insight into and contact with the Finnish working life.

International and KAMK lecturers

International lecturers are invited to give Master lectures, and together with KAMK lecturers, they plan and supervise student group works.

WORK PROCESS

Pre-course task

Students are expected to study the following article before the course:

Bramhall, E. (2014). Effective communication skills in nursing practice. *Nursing Standard*, 29, 14, 53 - 59.

The article is discussed on the first day of the intensive course in small groups.

KAMK students have a course orientation in February 2017.

Introduction The course starts on Monday 20.2.2017 with an introductory session where the participants, course organization and tasks are introduced.

Grouping For group works, students are first divided into five groups (each with approximately 15 students). International and KAMK lecturers team-teach one of these five groups (give the Master Lectures and supervise the group work).

Master lectures/ workshops/ seminars

Each international lecturer is invited to give two Master lectures on their areas of interest and one free-choice lecture which can be either one of the Master lectures. On Tuesday and Wednesday mornings students attend Master lectures given by the international lecturer who was assigned to their group, and on Tuesday and Wednesday afternoon they choose one free-choice lecture that they attend.

Student group works: The objective is that students reflect critically how phenomena/ perspectives discussed in articles and during lectures can be utilized in practical nursing care.

Students, working in small groups, are given an international research article that they explore and present at the end of the course. In addition to presenting the main findings of the research, students should also assess both the effectiveness and applicability of the practice or phenomenon introduced in the research and reflect on issues discussed during the lectures.

Presentations

Students present both the main findings of their articles and the outcomes of their reflections on Friday 24.2.2017. Groups have 15 minutes (incl. questions and feedback) to present the outcomes with an electronic poster. Every group member must contribute to the presentation. Feedback is given by lecturers and Master students.
Two groups are awarded with a gift card.

Poster session by Master students

Master students present their theses in a poster session on Friday 24.2.2017 at 9:30-11:00 in Taito2 Main Lobby. International lecturers choose the best poster.

Reflective group learning diary

Students write a 400-word (one A4 sheet) group learning diary in English and reflect on *how the intensive course promoted their competence to implement evidence-based nursing*. The learning diaries must be downloaded onto Moodle by 28.2.2017.

Moodle

The course EBN 2017 Communication is available on Moodle, and both students and lecturers have access to the course. The course key is ebn2017.

Course assessment: pass – fail

Students must attend lectures and participate in group works actively in order to receive 2 ECTS for their contribution.

VISITS

International lecturers and students have the opportunity to visit the New Hospital Project on Friday 24.2.2017.

INTERNATIONAL LECTURERS AND THEIR FIELDS OF INTEREST

Annelies Tavernier, Howest University College, Bruges, Belgium

- first line aid, prevention of infections, practical skills, mentorship, mentorship of thesis, case management, ISBAR and MEWS, theoretical nursing

Sabine De Gryse, Howest University College, Bruges, Belgium

- case management, ISBAR and MEWS, mentorship of thesis, mentorship, intensive care nursing, oncology, pharmacology, communication skills (teamwork, assertiveness, leadership skills, conflict management)

Jane Lange Dahlsgaard, Syd Danmark University College (Esbjerg), Denmark

- academic writing, research methods etc.

Walter Swoboda, Neu-Ulm University of Applied Sciences, Germany

- medical information management, ehealth and telemedicine

Barbara Erjauz, Brandenburg University of Technology, Germany

- health care strategies in rural areas and age-friendly communities

Florian Schimböck, Brandenburg University of Technology, Germany

- journal clubs

Tatyana Ustavshchikova, St Petersburg State Educational Institution, Medical College #1

- communication with children with special needs
- nursing and public health nursing in Russia

Madara Blomberga, Red Cross Medical College of Riga, Stradins University, Latvia – participates in some sessions

- pediatrics, international coordinator

KAMK LECTURERS AND THEIR AREAS OF INTEREST

Anitta Juntunen, PhD, RN, principal lecturer (anitta.juntunen@kamk.fi)

- research and development and gerontological nursing

Kirsi Moisanen, MHSc, RN, senior lecturer (kirsi.moisanen@kamk.fi)

- management, knowledge management and development of quality of nursing care

Virpi Neuvonen, MHSc, RN, senior lecturer (virpi.neuvonen@kamk.fi)

- medical nursing, wound care and ergonomics

Sari Pyykkönen, MHSc, RN, PHN, senior lecturer: (sari.pyykkonen@kamk.fi)

- health promotion and occupational health

Tiina Rissanen, MHSc, RN, RM, PHN, senior lecturer (tiina.rissanen@kamk.fi)

- health promotion and pediatric nursing

Taina Romppanen, MHSc, RN, senior lecturer (taina.romppanen@kamk.fi)

- safety in nursing, surgical, intensive and acute nursing

Course responsibility

Jaana Härkönen, MA, senior lecturer and international coordinator

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Program for lecturers

	Monday 20.2.2017	Tuesday 21.2.2017	Wednesday 22.2.2017	Thursday 23.2.2017	Friday 24.2.2017
	<i>Transportation Scandic at 8:30, Valjus at 8:45</i>	<i>Transportation Scandic at 8:15, Valjus at 8:25</i>	<i>Transportation Scandic at 8:15, Valjus at 8:25</i>	<i>Transportation Scandic at 8:15, Valjus at 8:25</i>	<i>Transportation Scandic at 8:30, Valjus at 8:40</i>
9:00- 11:00	9:00 – 9:30 Registration 9:30 Opening of the International Week 2017 Introduction to the intensive course Taito2 Auditorium	Master lectures (or seminars, workshops) Supervising student group works	Master lectures (or seminars, workshops) Supervising student group works	Free-choice lectures for 1st- year Bachelor students Other students finalise their group works. Focus discussions	9:00 – 10:00 Visit to New Hospital Project 10:00 – 11:00 Poster session (Master students)
11:00- 12:00	Lunch at Kisälli	Lunch at Kisälli	Lunch at Kisälli	Lunch at Kisälli	Lunch at Kisälli
12:00- 14:00	Presentations on participants' home universities Grouping activities Discussion on the pre- course task	Focus discussions (teaching methods, nursing curriculum, smart solutions etc.), Open workshops (incl. life-long learning) International coffee break with delicacies from different countries Taito2 sports hall	Virpi Kaasinen (KAQ): Case study: Welfare Technology and Practical Nurses (lecture) TA21L212 Partnership Event (seminar) Taito1 Opening of a new smart learning environment Taito2 Coffee	12:00 – 15:45 Presentations of learning outcomes Taito2 Coffee Closing of the course	Departure
14:00- 15:30	Coffee with the School of Health staff	14:15-15:15 Free-choice lectures Open workshop: Virtual Reality and Simulations VR First Laboratory taito1	14:15-15:15 Free-choice lectures		
15:30	Serious Games & Serious Games Rapid Prototyping (workshop) Taito1 Innova	16:00-20:00 Winter activities snowshoeing & winter swimming Bus leaves at Taito1 at 16:00 Buffet at 17-20 Hotelli Kajaani	15:30 (-19:30) Husky safari Bus leaves at Taito1 at 15:30 (optional & self-paid, 84€)	16:00 – 17:00 Feedback and planning 2018 Tearoom Tsaikka Bus leaves at Taito2 at 16:00 free	
16:30	Get Together (all International Week participants) featuring Finnish Folk Dances Tieto2				

Program for Bachelor students

	Monday 20.2.2017	Tuesday 21.2.2017	Wednesday 22.2.2017	Thursday 23.2.2017	Friday 24.2.2017
9:00-11:00	9:30 Opening of the International Week 2017 Introduction to the intensive course Taito2 Auditorium	Master lectures	Master lectures	Group work	9:00 – 10:00 Visit to New Hospital Project (international students) 9:30 – 11:00 Poster session Master students introduce their theses to Finnish students at 9:30
11:00-12:00	Lunch	Lunch	Lunch	Lunch	Lunch
12:00-14:00	Presentations on participants' home universities Grouping activities Discussion on the pre-course task	Group work International Coffee Break with delicacies from different countries Taito2 sports hall	Group work	12:00 – 15:45 Presentations of learning outcomes Taito2 Closing of the course	Group learning diary uploaded onto Moodle
14:00-15:30	14:15-15:15 Finnish Games and Dances (all students) instructed by SHS15S and SHT15S Taito2 Sports Hall	14:15-15:15 Free-choice lectures free	14:15-15:15 Free-choice lectures 15:30 (-19:30) Husky safari Bus leaves at Taito1 at 15:30 (international students; optional & self-paid 84€) Snow Carneval in town (organised by the student union)	16:00 Winter activities snowshoeing & winter swimming/ (international students) Bus leaves at Taito2 at 16:00	
16:30	free				

Program for Master students

	Monday 20.2.2017	Tuesday 21.2.2017	Wednesday 22.2.2017	Thursday 23.2.2017	Friday 24.2.2017
9:00-11:00			Master lectures by Jane Lange Dahlsgaard and Walter Swoboda	Master lecture by Walter Swoboda	9:30 – 11:00 Poster session Master students introduce their theses
11:00-12:00			Lunch	Lunch	Lunch
12:00-14:00			12:00 – 14:00 Master lecture by Alexander Würfel 14:00 – 15:30 Partnership Event (seminar) Taito1	12:00 – 15:45 Presentations of learning outcomes Taito2 Closing of the course	Feedback
14:00-15:30					

Please feel free to follow our social media channels:

Facebook: <https://www.facebook.com/KAMKInternationalweek/> and <https://www.facebook.com/kamkuas/>

Instagram: @kajaaniamk

During the international week please use the hashtag #internationalKAMK