

We Shape the Future

2. – 5.3.2021

The 7th international EBP Winter School aims to provide students with international perspectives into evidence-based practice in nursing and health care. The course is organized virtually on Teams.

1. **Course title:** We Shape the Future

2. **Teaching period:** Spring semester 2021 (week 9; 2. – 5.3.2021)

3. **Extent:** 2 ECTS

4. **Learning objective:** Students apply nursing-scientific and evidence-based knowledge and develop their professional and intercultural competence in a virtual environment.

5. **Academic level:** Bachelor (1st cycle) students of nursing and health care

6. **Language of instruction:** English

7. **Platform:** Teams

8. **Students:** international and Finnish Bachelor students of Health Care (nurse students)

9. **KAMK Lecturers**

- Liisa Kemppainen (pharmacological treatment, leadership and management in nursing and palliative care)
- Taina Romppanen (digital learning and teaching, acute nursing)
- Jukka Seppänen (teaching methodology, safety in nursing and acute nursing)
- Sanni Vuorinen (acute nursing and simulation teaching)

10. **Course tasks**

- **Course task #1:** Prepare a presentation on your nurse education as well as short insights into your own culture. Presentations will be given on 2.3.2021.
- **Course task #2:** Study the articles listed on the next page before attending the workshops.
- **Active participation in 3 different workshops**
- **Course task #3:** Work together with your small group and write a short reflection of the Winter School in English. Selected reflections will be published on the KAMK blog.
 - How did the topics discussed in the workshops relate to and support my personal and professional growth and development?
 - What did the course teach me that is likely to have some relevance for me and my future profession/ career? How can I apply this knowledge in my future work? How does this knowledge support my personal and professional development and growth?
 - What kind of thoughts did the EBP Winter School set in motion?

11. **Workshops:**

- **Night shift on a palliative ward**
 - Students practice decision making in teams through various patient cases playing an online escape game.
 - Article: The nurse's role in palliative care: A qualitative meta-synthesis (<https://onlinelibrary.wiley.com/doi/epdf/10.1111/jocn.13912>)
 - Liisa Kemppainen (liisa.kemppainen@kamk.fi)
- **Debate on ethical challenges in nursing using role play**
 - Different cases are discussed from various perspectives.
 - Article: Learning from Florence Nightingale: A slow ethics approach to nursing during the pandemic (<https://onlinelibrary.wiley.com/doi/epdf/10.1111/nin.12369>)
 - Taina Romppanen (taina.romppanen@kamk.fi)
- **Simulation-based intervention with NTS Bingo**
 - Article: Non-technical skills in a technical world (<https://boris.unibe.ch/id/eprint/121570>)

12. **Course assessment:** Pass – fail

Program for students (liable for changes) NB! Times are Finnish times.

Tuesday 2.3.2021	Wednesday 3.3.2021	Thursday 4.3.2021	Friday 5.3.2021
10.00 – 12.00 Opening of the 2021 Winter School Matti Sarén, President of KAMK Minna Hökkä, Head of School of Health and Social Services Megatrends and Future Competence Keynote Speech: Mikko Dufva (Sitra) Practical information about Winter School Hosted by Minna Hökkä	10.00 – 12.00 Workshops	10.00 – 12.00 Workshops	10.00 – 12.00 Panel discussion: Outcomes of the 2021 Winter School International and KAMK lecturers Chair: Jukka Seppänen R&D projects at the School of Health and Social Services Taina Romppanen: Mystery 24/7 Jukka Seppänen: Tecnos Minna Hökkä: NursEduPal@Euro Mikko Saari: Bachelor's Degree in Social Services Closing of the 2021 Winter School Minna Hökkä, Head of School of Health and Social Services Hosted by Jukka Seppänen
12.00 – 13.00 lunch	12.00 – 13.00 lunch	12.00 – 13.00 lunch	12.00 – 13.00 lunch
13.00 – 15.00 Grouping activities and presentations by students in pre-assigned groups	13.00 – 15.00 Workshops	13.30 – 15.00 Experience Winter Forest Virtually Kaisa Uurtio and Joona Sirviö Working on course task #3	

Course responsibility:

Jaana Härkönen, international coordinator

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