

## We Shape the Future

2. – 5.3.2021

The 7<sup>th</sup> international EBP Winter School aims to provide students with international perspectives into evidence-based practice in nursing and health care. The course is organized virtually on Teams.

1. **Course title:** We Shape the Future

2. **Teaching period:** Spring semester 2021 (week 9; 2. – 5.3.2021)

3. **Extent:** 2 ECTS

4. **Learning objective:** Students apply nursing-scientific and evidence-based knowledge and develop their professional and intercultural competence in a virtual environment.

5. **Academic level:** Bachelor (1<sup>st</sup> cycle) students of nursing and health care

6. **Language of instruction:** English

7. **Platform:** Teams

8. **Students:** international and Finnish Bachelor students of Health Care (nurse students)

9. **KAMK Lecturers**

- Liisa Kemppainen (pharmacological treatment, leadership and management in nursing and palliative care)
- Taina Romppanen (digital learning and teaching, acute nursing)
- Jukka Seppänen (teaching methodology, safety in nursing and acute nursing)
- Sanni Vuorinen (acute nursing and simulation teaching)

10. **Course tasks**

- **Course task #1:** Prepare a presentation on your nurse education as well as short insights into your own culture. Presentations will be given on 2.3.2021.
- **Course task #2:** Study the articles listed on the next page before attending the workshops.
- **Active participation in 3 different workshops**
- **Course task #3:** Work together with your small group and write a short reflection of the Winter School in English. Selected reflections will be published on the KAMK blog.
  - How did the topics discussed in the workshops relate to and support my personal and professional growth and development?
  - What did the course teach me that is likely to have some relevance for me and my future profession/ career? How can I apply this knowledge in my future work? How does this knowledge support my personal and professional development and growth?
  - What kind of thoughts did the EBP Winter School set in motion?

11. **Workshops:**

- **Night shift on a palliative ward**
  - Students practice decision making in teams through various patient cases playing an online escape game.
  - Article: The nurse's role in palliative care: A qualitative meta-synthesis (<https://onlinelibrary.wiley.com/doi/epdf/10.1111/jocn.13912>)
  - Liisa Kemppainen ([liisa.kemppainen@kamk.fi](mailto:liisa.kemppainen@kamk.fi))
- **Debate on ethical challenges in nursing using role play**
  - Different cases are discussed from various perspectives.
  - Article: Learning from Florence Nightingale: A slow ethics approach to nursing during the pandemic (<https://onlinelibrary.wiley.com/doi/epdf/10.1111/nin.12369>)
  - Taina Romppanen ([taina.romppanen@kamk.fi](mailto:taina.romppanen@kamk.fi))
- **Simulation-based intervention with NTS Bingo**
  - Article: Non-technical skills in a technical world (<https://boris.unibe.ch/id/eprint/121570>)

12. **Course assessment:** Pass – fail

**Program for Lecturers** (liable for changes) NB! Times are Finnish times.

| Tuesday 2.3.2021   | Wednesday 3.3.2021  | Thursday 4.3.2021  | Friday 5.3.2021  |
|--|---|--|--|
| <p><b>10.00 – 12.00</b></p> <p><b>Opening of the 2021 Winter School</b><br/>Matti Sarén, President of KAMK<br/>Minna Hökkä, Head of School of Health and Social Services</p> <p><b>Megatrends and Future Competence</b><br/>Keynote Speech: Mikko Dufva (Sitra)</p> <p><b>Practical information about Winter School</b></p> <p><a href="#">Click here to join the meeting</a></p> <p>Hosted by Minna Hökkä</p> | <p><b>10.00 – 12.00</b></p> <p><b>Virtual workshops</b></p>   | <p><b>10.00 – 12.00</b></p> <p><b>Virtual workshops</b></p>  | <p><b>10.00 – 12.00</b></p> <p><b>Panel discussion: Outcomes of the 2021 Winter School</b><br/>International and KAMK lecturers<br/>Chair: Jukka Seppänen</p> <p><b>R&amp;D projects at the School of Health and Social Services</b><br/>Taina Romppanen: Mystery 24/7<br/>Jukka Seppänen: Tecnos<br/>Minna Hökkä: NursEduPal@Euro<br/>Mikko Saari: Bachelor's Degree in Social Services</p> <p><b>Closing of the 2021 Winter School</b><br/>Minna Hökkä, Head of School of Health and Social Services</p> <p><a href="#">Click here to join the meeting</a></p> <p>Hosted by Jukka Seppänen</p> |
| <b>12.00 – 13.00 lunch</b>   | <b>12.00 – 13.00 lunch</b>  | <b>12.00 – 13.00 lunch</b>   | <b>12.00 – 13.00 lunch</b>   |
| <p><b>13.00 – 15.00</b></p> <p><b>Grouping activities and presentations by students</b><br/>in pre-assigned groups</p> <p><b>15.00 – 16.00</b></p> <p><b>Virtual café for lecturers: Development of nursing curriculum</b><br/>Jukka Seppänen<br/><a href="#">Click here to join the meeting</a></p>   | <p><b>13.00 – 15.00</b></p> <p><b>Virtual workshops</b></p> <p><b>15.00 – 16.00</b></p> <p><b>Virtual café for lecturers: Teaching methods</b><br/>Taina Romppanen<br/><a href="#">Click here to join the meeting</a></p> | <p><b>13.00 – 13.30</b></p> <p><b>Experience Winter Forest Virtually</b><br/>Kaisa Uurtio and Joona Sirviö</p> <p><b>NB! 14.00 – 15.00</b></p> <p><b>Virtual café for lecturers: Supervision and mentoring in practical training</b><br/>Liisa Kempainen and Sanni Vuorinen<br/><a href="#">Click here to join the meeting</a></p> |  |

**Course responsibility:**

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