

The 8th international EBP Winter School aims to provide students with international perspectives into evidence-based practice in health and social services.
The course includes a virtual component (online pre-course activities on Teams) and onsite course activities at KAMK.

1. **Course title:** Rethinking the Future
2. **Teaching period:** Spring semester 2022
3. **Extent:** 3 ECTS
4. **Learning objective:** Students apply evidence-based knowledge and develop their professional and intercultural competence.
5. **Academic level:** Bachelor (1st cycle) students of nursing and social services
6. **Language of instruction:** English
7. **Students:** International and Finnish Bachelor students of nursing and social services
8. **Lecturers:** International and KAMK lecturers
 - International lecturers are invited to give a lecture (appr. 45 minutes) of their chosen topic and participate in the workshops.
9. **Workshops chaired by KAMK lecturers**
 - Matti Heikkinen: Problem-solving skills (online pre-course workshop on weeks 5-6)
 - Article: To be announced later
 - Liisa Kemppainen: To be announced later
 - Article: To be announced later
 - Taina Romppanen and Sanni Vuorinen: To be announced later
 - Article: To be announced later
 - Jukka Seppänen and Florian Schimböck: To be announced later
 - Article: To be announced later
10. **Course tasks (students):**
 - **Active participation** in the online pre-course workshop and 4 onsite workshops
 - **Course task #1: Presentation.** Introduce your nurse or social services education.
 - **Course task #2: Articles.** Study the named articles before attending the workshops.
 - **Course task #3: Reflections.** Working with your small group, reflect critically on your learning outcomes and experiences of the Winter School and create a poster to present your reflections to other students.
11. **Course assessment:** Pass – fail
12. **Course responsibility:** Jaana Härkönen, senior lecturer and international coordinator (jaana.harkonen@kamk.fi)

Preliminary program

NB! Times are Finnish times.

Online pre-course workshop (students)				
Problem-solving skills <ul style="list-style-type: none"> Matti Heikkinen and Jaana Härkönen on Teams in three pre-assigned groups on weeks 5 – 6 				
Monday 14.2.2022 St. Valentine's Day	Tuesday 15.2.2022	Wednesday 16.2.2022	Thursday 17.2.2022	Friday 18.2.2022
Transportation from Scandic Hotel and Sokos Hotel Valjus	Transportation from Scandic Hotel and Sokos Hotel Valjus	Transportation from Scandic Hotel and Sokos Hotel Valjus	Transportation from Scandic Hotel and Sokos Hotel Valjus	Transportation from Scandic Hotel and Sokos Hotel Valjus
10.00 – 12.00 Registration and Opening of the 8th EBP Winter School Minna Hökkä, Head of the School of Health and Social Services Keynote speech	10.00 – 12.00 Health Technology – a challenge or opportunity for social and health care services in rural areas (webinar) Digital Health & Care Innovation Center (DHI) and KAMK	10.00 – 12.00 Workshops	10.00 – 12.00 Lectures by international lecturers	9.00 – 12.00 Presentations Closing of the 8th EBP Winter School
12.00 – 13.00 lunch	12.00 – 13.00 lunch	12.00 – 13.00 lunch	12.00 – 13.00 lunch	12.00 – 13.00 lunch
13.00 – 15.00 Grouping activities and presentations in pre-assigned small groups 15.00 Opening of KAMK Winter School 2022 & Get together (lecturers and staff) Matti Sarén, President of KAMK Bus to the hotels at 17.00	13.00 – 15.00 Workshops 15.30 Lecturers and students: Husky safari in Vuokatti (about 90€, self-paid) Bus to Husky Safari	13.00 – 15.00 Workshops 15.30 Lecturers and students: Winter activities (snowshoeing & winter swimming) Bus to Kylmäkaraisukeskus (Cold and Sauna Center) and hotels	13.00 – 15.00 Students: Group work Lecturers: Visit to Kainuu Central Hospital and review meeting 18.00 Dinner	Departure