

KAMK International Week 2019: 5<sup>th</sup> International, Intensive Course in Evidence-Based Practice

# **Use of Technology in Nurse Education**

25.2 - 1.3.2019

This 5<sup>th</sup> international intensive course aims at providing students with an international perspective into evidence-based practice.

1. Course code: SHVU001

2. Course title: Use of Technology in Nurse Education

**3. Teaching period:** Spring semester 2019 (week 9, 25.2 – 1.3.2019)

4. Extent: 2 ECTS

**5. Objective:** The main objective of this course is that students are able to apply current, nursing-scientific and evidence-based knowledge when planning, implementing, evaluating and developing nursing care and their professional competence (incl. information retrieval, problem identification and solving). They will also have an opportunity to communicate, interact and work with people from other cultures.

This course focuses on the use of technology in nurse education and explores new, activating methods such as case scenarios and simulations, smart solutions used in home care environment, and virtual reality to name a few.

- 6. Academic level: Bachelor (1st cycle) students of nursing and health care
- 7. Language of instruction: English
- 8. Students: students of nursing and public health nursing from KAMK and partner universities
- **9. Learning strategies:** pre-course task, master and free-choice lectures, group work, presentations and reflective learning diary
- **10. Coursework requirements:** active participation in lectures and group work, presentation of group work and reflective group learning diary
- 11. Course assessment: Pass fail
- 12. Pre-course tasks: see below

### **PARTICIPANTS**

**Students** International and Finnish Bachelor of nursing and health care students (nurse and public health nurse students)

### International and KAMK teachers

Lectures are given by both international and KAMK teachers who also plan and supervise student group works.

### **COURSE DELIVERY**

### Introduction

• The course starts on Monday 25.2.2019 with the formal opening of the 2019 International Week and an introductory session where the participants, course organization and tasks are introduced.

### Grouping

• Students work in four small groups each supervised by an international and KAMK teacher.

#### Master lectures

- International teachers are invited to give one Master lecture, which can be e.g. lecture, workshop, simulation, and one free-choice lecture, which can be one of the Master lectures.
- On Tuesday students attend the Master lecture given by their 'own' international teacher, and on Wednesday they can choose which one of the free-choice lectures they attend.

### Moodle

- The course **EBN 2019: Use of Technology in Nurse Education** is available on DevMoodle.
- The course key is ebp2019.



#### COURSE TASKS FOR STUDENTS

### Course assessment: pass - fail

• Students must attend lectures and participate actively in group work in order to receive 2 ECTS for their contribution.

### Pre-course task #1: Article on technological solutions in nurse education

• Study the article that was emailed to your small group in advance.

### Pre-course task #2: Presentation on nurse education at your university

- Prepare a 5-minute (PowerPoint, padlet, sway etc.) presentation on nurse education at your university.
- Presentations are given on Monday 25.2.2019 in small groups.

### Pre-course task #3: Good morning activity/ activities

- KAMK students instruct good morning activities on Tuesday and Wednesday morning and international students on Thursday morning.
- The objective is that students introduce their country and culture through interactive activities.
- 2 groups can instruct the activities consecutively (15 min/ first and 15 min/ second group) or simultaneously in 2 groups (30 min/ group)

### Course task #4: Student group work

The objective is that students, working in small groups, innovate new ways to use existing technology-based applications.

- Based on the article assigned to your small group prior to the intensive course, discuss the
  benefits, shortcomings and challenges of the solution/application/phenomenon introduced in the
  article and innovate a new way that this solution/application/phenomenon can be used and
  applied in your field of study.
- Search for more evidence-based information to support your ideas.

### Course task #5: Presentation using visual abstracts

- Create a visual abstract using PowerPoint (instructions on DevMoodle) to present the outcome of your group work to other students and teachers on Friday.
- The structure of the oral presentations is the following: informed introduction, body, and interactive conclusion with discussion (20 min/ presentation).
- Visual abstracts are used to present scientific findings and primarily published on social networks such as Facebook and Twitter.

### Course task #6: Reflective group learning diary

Write a 400-word (one A4 sheet) reflective group learning diary in English and reflect on how the
intensive course promoted their competence to implement evidence-based practice. The learning
diaries must be uploaded onto Moodle by 1.3.2019.



### **TEACHER TEAMS**

#### Team 1:

Florian Schimböck, Brandenburg University of Technology, Germany

- use of virtual journal clubs and visual abstracts for social media and e-learning platforms Jukka Seppänen (jukka.seppanen@kamk.fi)
  - teaching methodology, safety in nursing, and acute nursing

### Team 2:

Viktors Gorovenko, The Red Cross Medical College of Riga, Stradiņš University, Latvia

• lecture on airway management

Janis Olehnovics, The Red Cross Medical College of Riga, Stradiņš University, Latvia

• workshop in airway management (with students)

Taina Romppanen (taina.romppanen@kamk.fi)

digital learning and teaching, safety in nursing, and surgical and intensive nursing

### Team 3:

Elena Shershneva, Russian Academy of National Economy and Public Administration (RANEPA), the Vyborg branch

- Russian, Finnish, English and intercultural communication Raila Arpala (raila.arpala@kamk.fi)
  - mental health and substance abuse prevention and treatment

### Team 4:

Deborah Wilson, Robert Gordon University, Scotland

• midwifery and public health

Hanna-Leena Huttunen (hanna-leena.huttunen@kamk.fi)

health technology

Tiina Rissanen (tiina.rissanen@kamk.fi)

• maternity care, sexual health and early interaction

### Course responsibility

Jaana Härkönen, MA, senior lecturer and international coordinator

Email: jaana.harkonen@kamk.fi, GSM. +358 44 7101 028



# Program for teachers at the School of Health (liable for changes)

| Monday 25.2.2019  | Tuesday 26.2.2019  | Wednesday 27.2.2019   | Thursday 28.2.2019  | Friday 1.3.2019  |
|---|--|---|---|--|
| Transportation Scandic at<br>8:15, Valjus at 8:25<br>(Pohjolankatu bus stop)  | Transportation Hotelli<br>Kajaani at 8:05, Scandic at<br>8:15, Valjus at 8:25<br>(Pohjolankatu bus stop) | Transportation Hotelli<br>Kajaani at 8:05. Scandic at<br>8:15, Valjus at 8:25<br>(Pohjolankatu bus stop)  | Transportation Hotelli<br>Kajaani at 8:05, Scandic at<br>8:15, Valjus at 8:25<br>(Pohjolankatu bus stop)  | Transportation Hotelli<br>Kajaani at 7:35, Scandic at<br>7:40, Valjus at 7:45<br>(Pohjolankatu bus stop) |
| <b>9:00</b><br>Registration<br>Taito 2  | 9:00<br>Good morning!<br>by Finnish students   | <b>9:00</b> Good morning! by Finnish students   | 9:00<br>Good morning!<br>by international students  | 8:15 – 10:30 Presentations of student group works  |
| 9:30<br>Opening of the<br>International Week<br>Matti Sarén<br>Jaana Härkönen<br>Taito 2 auditorium                           | 9:30 – 10:30<br>Master lectures<br>International teachers  | 9:30 – 10:30<br>Group working<br>Teachers available for<br>consultation   | 9:30 – 10:30<br>Check-up on group<br>works<br>International and KAMK<br>teachers  |  |
| 10:00 – 10:30<br>Keynote lecture<br>Florian Schimböck<br>Taito 2 auditorium   |  |   |   | 10:30 Closing of the<br>EBP 2019<br>Taito2 auditorium  |
| 10:30 - 11:00 coffee<br>break   | 10:30 - 11:00 coffee<br>break  | 10:30 - 11:00 coffee<br>break   | 10:30 - 11:00 coffee<br>break   | 11:30 – 12:30 lunch at<br>Fox  |
| 11:00 – 12:30 Grouping and icebreaking activities Nurse/ public health nurse education in different countries in small groups | 11:00 – 12:00<br>Master lectures<br>(continue)<br>International teachers                                 | Tim Carpentier: Persons w<br>in TA21L173 on Wednesday   |   | Bus to the airport (via<br>hotels) at 12:30  |
| 12:30 – 13:30 Lunch at<br>Fox   | 12:30 – 13:30 Lunch at<br>Fox  | 12:30 – 13:30 Lunch at<br>Fox   | 12:30 – 13:30 Lunch at<br>Fox   |  |
| 13:30 – 15:00<br>Visit to Digios home<br>care environment<br>Anitta Juntunen  | 13:30 – 14:00<br>Visual abstracts<br>Florian Schimböck<br>Taito2 auditorium                              | 13:30 - 15:00<br>Free-choice lectures<br>International and KAMK<br>teachers   | 13:30 – 15:00<br>Visit to New Hospital<br>project<br>Terho Pekkala<br>Cave  |  |
|   | Instructions for group works in small groups   |   |   |  |
| 15:00 – 16:30<br>Get Together<br>Salad buffet, Fox  | 14:30 – 15:30<br>International coffee<br>break with delicacies<br>from different<br>countries, Fox       | 15:00 – 15:30<br>coffee break   | 15:30<br>Feedback and<br>planning 2020 EBP<br>TA21L173  |  |
| Bus to the hotels at<br>16:30   | 15:30 - 19:30<br>Husky safari, Vuokatti<br>Bus to Vuokatti leaves<br>at 15:30                            | Bus to Hotelli Kajaani at<br>16:00<br>16:00 – 19:30<br>Winter activities<br>snowshoeing & winter<br>swimming, Cold and Sauna<br>Center<br>Buffet at 17:00 – 19:30 in<br>Hotelli Kajaani | Transportation from the hotels: Hotelli Kajaani at 17:20, Scandic at 17:30, Valjus at 17:40 (Pohjolankatu bus stop)  18:00 – 22:00  Streets of Europe – a pop-up dinner  Bus to the hotels at 22:00 |  |



# **Program for Bachelor students at the School of Health** (liable for changes)

| Monday 25.2.2019   | Tuesday 26.2.2019  | Wednesday 27.2.2019  | Thursday 28.2.2019  | Friday 1.3.2019  |
|--|--|--|---|--|
| g:00<br>Registration for<br>international students<br>and teachers<br>Taito 2                            | <b>9:00</b> Good morning! by Finnish students  | <b>9:00</b> Good morning! by Finnish students  | g:00<br>Good morning!<br>by international students  | 8:00 – 11:00<br>Presentations of<br>students group works |
| 9:30 Opening of the International Week Matti Sarén Eija Heikkinen Jaana Härkönen Taito 2 auditorium      | 9:30 – 10:30<br>Master lectures<br>International teachers  | 9:30 – 10:30<br>Group working<br>Teachers available for<br>consultation                                      | 9:30 – 10:30<br>Check-up on group<br>works<br>International and KAMK<br>teachers  |  |
| 10:00 – 10:30<br>Keynote lecture<br>Florian Schimböck<br>Taito 2 auditorium                              |  |  |   | 10:30<br>Closing of the EBP 2019<br>Taito2 auditorium    |
| 10:30 - 11:00 coffee<br>break  | 10:30 - 11:00 coffee<br>break  | 10:30 - 11:00 coffee<br>break  | 10:30 - 11:00 coffee<br>break   | 11:30 – 12:30 lunch                                      |
| 11:00 - 12:30  | 11:00 – 12:00<br>Master lectures<br>(continue)<br>International teachers   | Tim Carpentier: <b>Persons with dementia</b> (exhibition in TA21L173 on Wednesday and Thursday)              |   | Bus to the airport (via                                  |
| Grouping and ice-<br>breaking activities<br>Nurse education in<br>different countries<br>in small groups |  | 11:00 – 12:30<br>Group working   | 11:00 – 12:30<br>Finalizing group works   | hotels)  |
| 12:30 – 13:30 lunch  | 12:30 - 13:30 lunch  | 12:30 – 13:30 lunch  | 12:30 – 13:30 lunch   |  |
| 13:30 – 15:00<br>Virtual Escape Room<br>Taina Romppanen  | 13:30 – 14:00 Visual abstracts Florian Schimböck Taito2 auditorium  14:00 – 14:30 Instructions for group works in small groups | 13:30 – 15:00<br>Free-choice lectures<br>International and KAMK<br>teachers                                  | <b>13:30 – 15:00</b> Finalizing group works   |  |
| 15:00 Get Together Buffet Taito 2 main lobby  19:00 – Winter swimming organized by Kamo 3€/ student      | <b>14:30 – 16:00</b><br>Group working  | 17:30 –<br>Snow Carnival at<br>Vimpelinvaara<br>organised by KAMO<br>all students<br>hot sausages and drinks | 15:30 – 19:30<br>Bus to Vuokatti at<br>15:30/Taito 2<br>Husky safari<br>international students<br>only<br>optional and self-paid<br>(90€) |  |