 **DEVELOPMENT OF NURSES’ PROFESSIONAL SKILLS DURING LABORATORY**

**TEACHING AND PRACTICAL TRAINING**

(Ministry of Education 2001: From Polytechnics to Health Care )

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **1st term**  **Functions of Daily Living** | **2nd/ 3rd term**  **Health Promotion in Family Care/ Support for Managing in Long-term and Aging Nursing** | **4th/ 5th term**  **Support for Managing in Perioperative Nursing and Mental Health Care** | **6th /7th term**  **Optional Professional Studies** |
| **Ethics and Values** | - is able to follow human rights in his/ her actions >  - is responsible for his/ her own professional development > | - is able to follow legislation concerning patient rights and is responsible for the implementation of patient’s/ client’s rights in nursing > | - is able to act highly ethically > | - recognises his/ her responsibility in developing nursing care  - is able to act according to the legislation on nurses’ professional code of conduct |
| **Health Promotion** |  | - is able to support and activate the individual, family and community in promotion of health, capabilities and functional ability >  - is able to identify and anticipate health problems and risks of the individual and community >  - is able to participate in the prevention of health problems of the individual and community >  - has the basic knowledge and skills in rehabilitative nursing > |  | - is able to act as an expert in nursing care promoting sustainable development and environmental health |
| **Theoretical Skill-base** |  | - is able to acquire and assess information critically and to use it as a basis for his/ her own actions > | - is able to use research data in developing and assessing his/ her work and the work of his/ her work community > |  |
| **Clinical Skills** | - is able to define the need for nursing >  - is able to examine, maintain and assess basic functions of life >  - is able to take responsibility for the patient’s/ client’s physical, mental and social security >  - is able to perform basic nursing procedures such as aspiration of mucus, administering oxygen, giving an enema, applying a rectal tube >  - is able to prevent infections  - is able to work ergonomically right > | - is able to interact in a client- and objective-oriented manner with the patient, family and community in a care relationship >  - is able to plan, implement and assess the nursing care of a patient/ client in co-operation with the patient/ client and his/ her significant ones >  - is able to monitor the status and symptoms of the patient and effectiveness of treatment in the care of common illnesses, in pharmacotherapy, and during and after blood transfusion >  - is able to perform basic nursing procedures: NG tube, catheterisation, intramuscular and subcutaneous injections, inhalations, infusions, dressings and splinting >  - is able to use instruments and equipment safely >  - is familiar with pharmacotherapy, is able to perform dosage calculations and monitor pharmacotherapy >  - is able to safely implement pharmacotherapy as prescribed by a doctor using the specific dosages prescribed for the patient >  - is able to perform basic examinations and specimens: EKG, vascular and capillary blood samples, urine, stool and discharge samples >  - is able to relieve the pain and suffering of the patient/ client in different situations and when life is drawing to its end >  - is able to give first aid in different care and operations environments >  - is able to perform infusion and intravenous pharmacotherapy and procedures preparing for blood transfusion: infusion and blood transfusion techniques, addition of medicines to infusion bags and preparing the patient for these treatments > | - is able to perform basic nursing procedures such as wound care, setting casts, infusions and pain pumps >  - is able to give advanced life support > | - is able to act according to the directives for disaster nursing |
| **Teaching and Counselling Skills** |  | - is able to instruct and support the patient/ client in self care > | - is able to teach and instruct different patients/ clients, their families and significant ones, and members of client communities > | - is able to teach and instruct students and staff  - is able to plan and produce material for patient/ client teaching |
| **Co-operation Skills** | - is able to work flexibly and in co-operation > |  |  | - is able to act as a nursing expert in multiprofessional teams, projects and networks  - is able to consult nursing and other professionals and act as a consulting expert |
| **Research and Development in Nursing** |  | - is able to study, assess and develop his/ her own work critically > | - is able to initiate changes in nursing care > | - is able to maintain his/ her learning abilities throughout his/ her career |
| **Management Skills** |  | - is able to take responsibility for the effectiveness and productivity of his/ her own actions > | - is able to promote the quality and effectiveness of nursing care > | - is able to co-ordinate a patient’s/ client’s comprehensive care  - is able to lead a nursing team  - is able to apply research data into teamwork and management  - is able to deal with simultaneous situations in different nursing environments and to take responsibility for running them  - is able to manage changes |
| **Cultural Diversity** |  | - is able to work with individuals, families and significant ones, and communities of different cultural backgrounds > |  | - is able to work in multicultural working communities and implement his/ her expertise in nursing there |
| **Society** |  |  | - has a basic knowledge of entrepreneurship in his/ her own field > | - is able to participate as a nursing expert in societal development that promotes the health of individuals and community  - is able to prevent social exclusion  - is able to market his/ her own professional skills and expertise in order to find employment as a nurse |