

SPORT AND LEISURE		Autumn 2020			
Course	Code	Teacher	Group	ECTS	
SECOND YEAR COURSES					
Framework for Sustainable Adventure Tourism	AM00BH16-3006	Peter Stricker	ASL19S	5.0	
Coaching	AS00BB10-3005	Joonas Rissanen	ASL19S	4.0	
Product Development	AS00BB16-3005	Helka Leimu-Pelkonen	ASL19S	3.0	
Muscle Care	AS00BG67-3003	Joonas Rissanen	ASL19S	2.0	
Motor Learning	AS00BI93-3003	Niko Kuusela	ASL19S	3.0	
Sport Nutrition	AS00BI96-3003	Teija Vainikka	ASL19S	2.0	
Strength and Endurance Training	AS00BL94-3001	Joonas Rissanen	ASL19S	5.0	
THIRD YEAR COURSES					
Project II	AS00BI21-3002	Niko Kuusela	ASL18S	5.0	
R&D Studies	SSPR003-3009	Kirsi Huotari, Simo Määttä	ASL18S	5.0	
Adventure Tourism: Only available as full module					
Framework for Sustainable Adventure Tourism	AM00BH16-3005	TBA	ASL18S	5.0	
Adventure Tourism Project I	AM00BH17-3003	TBA	ASL18S	5.0	
Outdoors Adventure Experience	AM00BH21-3002	Arto Heikkinen, Peter Stricker	ASL18S	5.0	
Adventure Tourism Project II	AM00BH22-3002	Peter Stricker, TBA	ASL18S	5.0	
OR					
Wellbeing Tourism: Only available as full module					
Framework for Sustainable Wellbeing Tourism	AM00BH09-3005	TBA	ASL18S	5.0	
Wellbeing Tourism Project I	AM00BH10-3004	TBA	ASL18S	5.0	
Wellbeing Sports and Smart Technology	AM00BH12-3001	TBA	ASL18S	5.0	
International Wellbeing Tourism	AM00BH13-3001	TBA	ASL18S	5.0	
Nature Based Wellbeing Programme Services	AM00BH14-3003	Arto Heikkinen, Peter Stricker	ASL18S	5.0	
Wellbeing Tourism Project II	AM00BH15-3003	Marjukka Turunen, Helka Leimu-Pelkonen	ASL18S	5.0	
AVAILABLE FOR ALL					
Finnish for Exchange Students	KBVY001-3005	Rea Stricker		3.0	min.20 students
Basic German 1	KBDE017-3007	Liisa Mikkonen	Contact lessons	5.0	min.20 students
Basic Russian 1	KBRU010-3005	Seija Heikkinen	Contact lessons	5.0	min.20 students
English conversation	KLVK007-3006	Kaisa Enticknap-Seppänen	Contact lessons	3.0	min.20 students
Tandem French - Russian	KB00BU64-3001	Seija Heikkinen	Project**	3.0	
Tandem German - Dutch	KB00BU44-3001	Seija Heikkinen	Project**	3.0	
Tandem German - French	KB00BU63-3001	Seija Heikkinen	Project**	3.0	
Tandem German-Finnish	KB00BU58-3001	Seija Heikkinen	Project**	3.0	
Tandem German-Russian	KB00BU53-3001	Seija Heikkinen	Project**	3.0	
Tandem Russian - Spanish	KB00BU34-3001	Seija Heikkinen	Project**	3.0	
Tandem Russian-Finnish	KBRU015-3002	Seija Heikkinen	Project**	3.0	
Web courses / independent courses, no lessons included					
Elements of AI (University of Helsinki)	LT00BS46-3002	Päivi Auno	independent / online	2.0	
New Trends in Leadership and Management	KL VY044-3004	Otti Meriläinen	independent / online	5.0	
Organizational Psychology	KL VY050-3004	Arto Huuhtanen	independent / online	3.0	
Export and Import Routines	KBPI007-3004	Arto Huuhtanen	independent / online	3.0	
Risk Management	KBW012-3005	Otti Meriläinen	independent / online	3.0	
HRM for SMEs	LW00BU40-3003	Ruey Komulainen	independent / online	5.0	
** Tandem -courses are independent language studies in pairs (native speakers only)					
PLEASE NOTE! Choose one module (Wellbeing or Adventure) to avoid overlapping.					
Due to heavy work load, choose only one Project for one semester.					
Please note! Choose courses mainly from only one group (ASL18, ASL19) to avoid courses overlapping. Courses for different years are arranged at the same time.					
If you combine from different years, the final learning agreement can only be confirmed at the beginning of the studies.					
The web courses are available for all as there are no lessons included.					
Please kindly notice, changes are possible					