

KAMK International Week 2018
4th International Intensive Course in Evidence-Based Practice
Smart, Evidence-Based Solutions in Health Care
February 19 – 23, 2018

This 4th international intensive course aims at providing students with an international perspective into evidence-based practice.

1. **Course code:** SHVU001
2. **Course title:** Smart, Evidence-Based Solutions in Health Care
3. **Teaching period:** Spring semester 2018 (19 – 23 February 2018)
4. **Extent:** 2 ECTS
5. **Objective:** The student is able to apply current, nursing-scientific and evidence-based knowledge when planning, implementing, evaluating and developing nursing care and his/ her professional competence.
6. **Academic level:** Bachelor (1st cycle) students of nursing and health care
7. **Language of instruction:** English
8. **Students:** students of nursing and public health nursing from KAMK and partner universities
9. **Learning strategies:** master and free-choice lectures, group work, presentations and reflective learning diary
10. **Coursework requirements:** active participation in lectures and group work, presentation of group work and reflective group learning diary
11. **Course assessment:** Pass – fail
12. **Pre-course task:** see below

PARTICIPANTS

Students

International and Finnish Bachelor of Health Care students (nurse and public health nurse students)

International and KAMK teachers

Lectures are given by both international and KAMK teachers who also plan and supervise student group works.

WORK PROCESS

Pre-course task #1: Instructions for students

Choose **one challenge** for future healthcare in your own country and search for information on this challenge using different databases etc.
Write a short description of the challenge. In your description analyse why this particular challenge is topical in your country and whether it is also topical in other countries or world-wide.
Email your description to your named KAMK teacher 12.2.2018.
Prepare to introduce your challenge to other students in the beginning of the intensive course.

Pre-course task #2: Instructions for students

Prepare a 5-minute (PowerPoint, padlet, sway etc.) presentation on nurse education at your university. Presentations are given on Monday 19.2.2018 in small groups.

Introduction

The course starts on Monday 19.2.2018 with the formal opening of the 2018 International Week and an introductory session where the participants, course organization and tasks are introduced.

Grouping

Students work in four small groups each supervised by an international and KAMK teacher.

Master lectures

International teachers are invited to give **three Master lectures** (which can be lectures, simulations etc.) on their areas of interest and **one free-choice lecture** which can be one of the Master lectures. On Tuesday and Wednesday mornings students attend Master lectures given by their 'own' international teacher, and on Tuesday afternoon they can choose which one of the free-choice lectures they attend.

Student group works: The objective is that students, working in international teams, search for ways to solve future challenges in health care.

Students choose one future challenge and search for ways to solve the challenge innovatively. They present the ways to other students and teachers with a video, role play etc.

Presentations

The solutions are presented on Friday 23.2.2018 in newly organized small groups ('gallery walks'). The structure of the presentations is the following: informed introduction, participatory feature (video, role play etc.), and discussion and conclusion (20-25 min/ presentation).

Reflective group learning diary

Students write a 400-word (one A4 sheet) group learning diary in English and reflect on *how the intensive course promoted their competence to implement evidence-based practice*. The learning diaries must be uploaded onto Moodle by 27.2.2018.

Moodle

The course EBN 2018 Smart, Evidence-Based Solutions in Health Care is available on Moodle, and both students and teachers have access to the course. The course key is **EBP2018**.

Course assessment: pass – fail

Students must attend lectures and participate actively in group work in order to receive 2 ECTS for their contribution.

VISITS

International teachers and students have the opportunity to visit the New Hospital Project and Handy Home on Thursday 22.2.2018.

INTERNATIONAL TEACHERS AND THEIR FIELDS OF INTEREST

Madara Blomberg, Red Cross Medical College of Riga, Stradins University, Latvia

- pediatrics, international coordinator

Annelien Callens, Howest University College, Bruges, Belgium

- research and development

Juliane Eichhorn, Brandenburg University of Technology, Germany

- evidence-based nursing

Barbara Erjauz, Brandenburg University of Technology, Germany

- nursing science, quality of care, NANDA, NIC and NOC

Yalin Hayat, Bahçeşehir University Faculty of Health Sciences, Department of Nursing

- health system of Turkey
- nursing educations and application in Turkey

Florian Schimböck, Brandenburg University of Technology, Germany

- delirium management in nursing practice

Felix Holl, Neu-Ulm University of Applied Sciences, Germany

Walter Swoboda, Neu-Ulm University of Applied Sciences, Germany

- medical information management, eHealth and telemedicine

Alexander Würfel, Neu-Ulm University of Applied Sciences, Germany

- health technology

KAMK TEACHERS AND THEIR AREAS OF INTEREST

Minna Hökkä (minna.hokka@kamk.fi)

- medical nursing, pain management, home care, palliative care and R&D activities

Sirpa Parviainen (sirpa.parviainen@kamk.fi)

- pharmacotherapy and family nursing

Taina Romppanen (taina.romppanen@kamk.fi)

- teaching methodology, safety in nursing, surgical and intensive nursing

Jukka Seppänen (jukka.seppanen@kamk.fi)

- teaching methodology, safety in nursing, and acute nursing

Rauni Leinonen (rauni.leinonen@kamk.fi)

- research and development, evidence-based practice

Kirsi Moisanen (kirsi.moisanen@kamk.fi)

- management and development of working life

Course responsibility

Jaana Härkönen, MA, senior lecturer and international coordinator

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