

Degree Programme in Sports and Leisure Management

Emphasis: Activity Tourism and Business



Join our programme - surround yourself with sporty people! In Kajaani you can experience all four seasons and pursue outdoor and indoor sports and physical recreation activities. The Vuokatti all season holiday and sports resort with excellent opportunities for e.g. cross-country and downhill skiing, swimming, hiking, bowling and tennis is only 35 km from Kajaani.

Mikael Igendia

Bachelor of Sports Studies

While studying at Kajaani UAS, Mikael enjoyed the family-like atmosphere and flexibility of a small university of applied sciences. During his studies he went for student exchange in Japan and Kenya and also completed his practical training in three different continents. Despite all this, he graduated within the 3,5 years as planned.

"From the time I participated in the Sports entrance exam I was really convinced that Kajaani was the place for me. The sports facilities in Kajaani and the closeness of everything were important factors for me. I found a small size of KUAS to be a positive thing. After the first year most of the faces around campus were familiar and that made me feel comfortable. The teachers had more time for individual students if they needed help. I especially liked the fact that there was a lot of flexibility with our class schedules, exam dates and practical training dates because it just made things easy to work out. After graduation in December 2012, I went to Kenya to begin work with the football team. After six months of working I decided to start studies to become a sports masseur. My current studies combine one month in Finland and ten in England studying and working with a professional football club which plays in the second highest tier of English football the Championship. I'm glad to say that the studies at Kajaani UAS have given me a very solid foundation. I enjoyed every school year that I spent at KUAS. In Kajaani you will have plenty of time to focus on your studies and also time to make some great friendships along the way."

Degree Programme in Sports and Leisure Management

Degree:

Bachelor of Sports Studies

Field of Education:

Social Services, Health and Sports

Number of Study Places:

20

Extent and Duration of Studies:

210 credits (cr), 3,5 years (full-time)

Language of Instruction:

English

Content of Studies:

The degree programme consists of basic studies, professional studies and free choice studies. An essential part of the studies is 5-months practical training which gives you the opportunity to apply acquired theory in practice. Students can do part of their studies abroad. Towards the end of your studies, you will also complete a thesis. The purpose of the thesis is to demonstrate your ability to apply the knowledge and skills acquired during your studies.

KAJAANI UNIVERSITY OF APPLIED SCIENCES

Sports and Leisure Management

Degree Programme in Sports and Leisure Management

The Degree Programme in Sports and Leisure Management at Kajaani University of Applied Sciences is a unique programme consisting of a wide range of sports, activity tourism and business studies. The degree programme also includes a variety of other subjects such as intercultural communication, growth, motor development and learning, an introduction to nutrition, entrepreneurship and a variety of sports, for example cross-country and downhill skiing, aquatic exercise and ball games. As part of the programme students will also be trained to identify and develop their own specific fields of expertise.

During your studies you will have the opportunity to carry out projects in close collaboration with sports and leisure companies and organisations. This degree programme provides the opportunity to study in an international and sports-oriented atmosphere – here you can experience all four seasons and pursue sports and physical recreation outdoors and indoors. The Vuokatti all-round holiday and sports resort with excellent opportunities for cross-country and downhill skiing, swimming, hiking, bowling and tennis to name just a few, is only 35 kilometres from Kajaani.

Careers

Graduates of this degree programme will be suitable for employment in sports and leisure organisations, associations, clubs and businesses, and they will possess the know-how to run their own sports and leisure enterprises. Your future job title might be Sports Instructor, Coach or Personal Trainer, for example.

Structure of the Programme (210 cr)

Basic Studies
Professional Studies
Further Specialisation Modules
Free-choice Studies
Practical Training
Thesis and Maturity Test

Application Procedure

The application period is from mid January to mid February each year. Applications for the programme are submitted online, through the joint application system at www.admissions.fi. Applicants applying with a non-Finnish qualification must submit copies of original school certificates with official English translation if the certificate is not awarded in English. In addition, non-EU/EEA applicants must provide proof of his/her skills in English language. Applicants with education completed in Finland are not required to submit the copies of their school certificates during the application process (exception is Finnish competence based vocational qualification / ammatillinen erikoisammattitutkinto). Students applying with International Baccalaureate qualification must submit the copy if their predicted grades by a set date in May.

Entry Requirements

Eligibility for studies at Kajaani UAS depends on completing the Finnish matriculation examination or upper secondary education, EB, IB or RP examination, vocational qualification of three years or more in duration or a foreign degree qualification which gives eligibility to higher education in the awarding country. Those applying with a competence based vocational qualification, competence based further vocational qualification or non-Finnish qualification, must have completed the education they use for applying before the end of the application period. Citizens of EU/EEA-countries can apply if the qualification is completed during the spring of applying. Admission is conditional until the final certificates have been checked.

Language Skills

Applicants with Finnish or European qualifications are not required to submit the language certificate. Language skills are assessed as part of the entrance examination.

An applicant who is not a citizen of an EU/EEA country must provide proof of his/her English language skills by the given date. Detailed information on the language certificates and requirements is published on Kajaani UAS webpages: www.kamk.fi
>in English >Applying

Exchange Opportunities

Students are given the opportunity to spend one or two semesters abroad, either studying in one of Kajaani UAS partner institutions or accomplishing practical training. Kajaani UAS has around 100 international partners all over the world. Studies completed on exchange are fully credited to form a part of student's degree at Kajaani UAS.

All full-time students choosing to go for an exchange period are eligible to apply for Erasmus grant.

Entrance Examination

The entrance examination includes an evaluation of the applicant's motor skills, an interview, a written test and an evaluation of his/her instruction skills during a coaching session. The exam will be held in Kajaani and abroad. For more information please contact the Admissions Office. Please note that for this degree programme entrance examination results from other UAS will not be accepted.

Further Information

Kajaani University of Applied Sciences
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Fax +358 8 6189 9620
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