

LifeLong Wellbeing

Hankkeen taustaa

There have been great social changes in Russia. The economic and ecological situation in the Republic of Karelia is poor with high mortality rates among infants and men of working age. The main reasons for such mortality figures are held to be the poor social and economic conditions prevalent in the area. The level of knowledge of healthcare and education staff is high in Russia but further methods and competences in how to apply such knowledge in early intervention, prevention of marginalization and supporting healthy life-styles are needed.

Tavoitteet

The general aim of Life Long Wellbeing project is to reinforce the general health and wellbeing of the population.

The aim is to develop and boost early intervention tools and the use of pupil counselling to promote the well-being of children, young people and their parents, to increase interaction and communication between teaching and education staff and parents in support groups and to find ways of instigating the use of a discussion based model for parents and education and teaching staff. The good practises of such a rearing and educational partnership to support parenting will be brought to Kostamuksha via training.

Kohderyhmä

The target groups are educators in nurseries and schools and school public health nurses, health care professionals (nurses, public health nurses and doctors), regional hospitals and their personnel.

Rahoittajat

Pohjois-Pohjanmaan liitto (Karelia ENPI CBC -programme), Kajaanin ammattikorkeakoulu, Kainuun sote-kuntayhtymä, Kostamuksen sairaala

Toteuttamisaika

1.3.2013 - 31.12.2014

Yhteyshenkilöt

Projektijohtaja

Eija Heikkinen
Puh. (08) 6189 9202
GSM 044 710 1608
etunimi.sukunimi@kajak.fi

Projektipäällikkö

Matti Nissinen
Puh. 044 7157 006
GSM