SERVICES / BACHELORS DEGREE IN HOSPITALITY MANAGEMENT

The School of Tourism offers a Degree Programme in Tourism delivered in Finnish and an International Degree Programme in Tourism, delivered in English. The Degree Programme in Tourism delivered in Finnish has two alternative majors: Tourism Services or Tourism Food Services.

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DEGREE PROGRAMME IN TOURISM

The Degree Programme in Tourism leads to a University of Applied Sciences' Bachelors Degree qualification in Hospitality Management. The name of the qualification is restonomi (AMK) in Finnish, Bachelor of Hospitality Management. The degree programme is worth 210 credits and it should take 3.5 years to complete with a maximum completion time of 4.5 years. There are 40 study places on this degree programme. The degree programme comprises basic studies, professional studies, free-choice studies, practical training, and thesis. During their professional studies students must select their major from two options – tourism services or tourism food services.

General objectives

Degree Programme in Tourism graduates will possess expertise in tourism services or tourism food services and be capable of co-operation and work within a variety of fields. The underlying theme of the programme is the development of creativity, entrepreneurship, international competences and self-awareness.

In order to develop tourism, graduates must also possess knowledge of production and distribution channels and skills in product development, marketing, finances and leadership. Tourism services consist of many different parts such as accommodation, food, transport, programme, conference and congress management services.

In the Tourism Services major Students will gain comprehensive knowledge of nature and activity tourism as well how to manage and organize different kinds of events and meetings. Students will deepen their know-how by planning, carrying out and assessing tourism products. They are also provided with the opportunity to collaborate with tourism businesses during course-work and practical assignments. The studies also emphasise product development and marketing skills as well as cultural awareness required in international business.

Those majoring in Food Services will gain insight into how to organise food services in different operational environments. The degree programme schools students in how to use local ingredients and food traditions to create distinctive modern products while providing them with a keen awareness of economic factors affecting food service production.

The objectives of the degree programme include the following competences:

Subject specific competences Degree programme in Tourism	Description of the competence
Service-mindedness	understands that hospitality is one of the central values and success factors of the sector.
	can provide healthy, safe and profitable services which promote customers' wellbeing.
	can take aesthetic and ethical perspectives into account when providing services (premises, service products, communications).
	is familiar with the principles of consumer behaviour and can make use of them in developing services.
Service systems	can plan, produce and develop services to suit the needs of the operating environment.

	can define, manage and evaluate service processes (product planning, profitability, and organisation, management and development of work)
	can develop services using product development and commodification methods
	is aware of the safety requirements for the sector and can apply them to his/her own work.
Service management	knows and understands company strategies and can make use of them in managing service operations.
	can plan, implement and evaluate his/her own and the department's daily supervisory management activities.
	can organise a work community and make use of the skills of individuals, teams and communities.
Business know-how	can analyse customer relationships from the point of view of service development.
	understands the main concepts of business and has internalised the principles of a commercial approach.
	can predict the effect of alternative operating methods on financial results and competitiveness.
	can apply the principles of entrepreneurship, both as an entrepreneur and as an employee.
	can operate in, make use of and develop various kinds of networks.
Service environments for tourism	can develop service environments and networks related to leisure and business travel.
	understands the significance of internationalisation, globalisation and different cultures for services and their development.
	can work in various international operating environments.
	can benefit from applying the characteristics of national cultures in developing tourism.
	can develop regional strengths and improve regional influence in tourism.
Tourism Food Services Environments	can evaluate the effects of acquisitions and service production on service users, the environment and society
	is able to take economic, social, ecological and cultural responsibility when leading and producing food services
	understands the significance of internationalisation, globalisation and different cultures on service culture and the development of the industry
	is aware of the significance of operations in regional development
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Annual Themes – Description of Progress in Studies

Each study year has its own theme which describes the main focus of the courses.

1st year - Observer of tourism

conversant with basic concepts knowledge of those active in tourism and hospitality conversant with basic skills

2^{nd} and 3^{rd} year – Implementation of tourism or food services

tourism or food services knowledge base knowledge of the most important working methods development of information retrieval and teamwork skills

4^{th} year – Developer of tourism or food services

ability to apply the latest knowledge develop the field of tourism

DEGREEE PROGRAMME IN TOURISM 210 CR

BASIC STUDIES Introduction to Tourism and Hospitality Management Business Activities 1 Communication Skills 1 Methodological Studies 1	63 cr 28 cr 7 cr 17 cr 11 cr
PROFESSIONAL STUDIES	87 cr
Tourism Services Major	
Tourism Services	35 cr
Tourism Food Services Major Tourism Food Services	35 cr
Shared Professional Studies	33 CI
Business Activities 2	34 cr
Communication Skills 2	10 cr
Methodological Studies 2	7 cr
PRACTICAL TRAINING	30 cr
THESIS	15 cr
FREE-CHOICE STUDIES	15 cr

For optional language studies see the Bachelor of Business Administration, Business Administration Degree Programme starting from page 86.

DEGREE PROGRAMME IN TOURISM COURSES

Basic Studies 63 cr

Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 6 cr 3 cr 5 cr 11 cr 5 cr 3 cr	Basics of Tourism and Hospitality Management	27 cr
Introduction to Food Services and Nutrition Serving and Bar Services Hygiene and Sanitation Safety and First Aid Business Activities 1 Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 5 cr 4 cr 4 cr 4 cr 7 cr 5 cr 5 cr 7 cr 7 cr 7 cr 8 cr 8 cr 9	Introduction to Tourism	6 cr
Serving and Bar Services Hygiene and Sanitation Safety and First Aid Business Activities 1 Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 4 cr 4 cr 4 cr 4 cr 5 cr 5 cr 3 cr	The Accommodation Business	5 cr
Hygiene and Sanitation Safety and First Aid Business Activities 1 Business Activities 1 Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 4 cr 4 cr 4 cr 4 cr 5 cr 5 cr 3 cr 5 cr 3 cr	Introduction to Food Services and Nutrition	5 cr
Business Activities 1 Business Activities 1 Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 4 cr 4 cr 4 cr 4 cr 7 cr 5 cr 5 cr 5 cr 7 cr 7 cr 8 cr 8 cr 9	Serving and Bar Services	4 cr
Business Activities 1 Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 8 cr 4 cr 4 cr 4 cr 7 cr 5 cr 5 cr 7 cr 7 cr 7 cr 8 cr 7 cr 8 cr 7 cr 7 cr 8 cr 7 cr 7 cr 8 cr 9	Hygiene and Sanitation	4 cr
Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 4 cr 4 cr 4 cr 7 cr 5 cr 5 cr 7 cr 8 cr 7 cr 8 cr 8 cr 8 cr 9	Safety and First Aid	4 cr
Business Activities in the Tourism and hospitality Sector Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 4 cr 4 cr 4 cr 7 cr 5 cr 5 cr 7 cr 8 cr 7 cr 8 cr 8 cr 8 cr 9		
Introduction to Marketing and Customer Service Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 17 cr 18 cr 19 cr 10 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 13 cr 14 cr 15 cr 17 cr 18 cr 19 cr 10 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 13 cr 14 cr 15 cr 16 cr 17 cr 18 cr 19 cr 10 cr 10 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 13 cr 14 cr 15 cr 16 cr 17 cr 18 cr 19 cr 10 cr 10 cr 10 cr 10 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 13 cr 14 cr 15 cr 16 cr 17 cr 17 cr 18 cr 19 cr 10 cr 1	Business Activities 1	8 cr
Communication Skills 1 Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 17 cr 6 cr 3 cr 7 cr 17 cr 18 cr 19 cr 10 cr 11 cr 11 cr 15 cr 11 cr 15 cr 15 cr 17 cr 18 cr 19 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 13 cr 14 cr 15 cr 16 cr 17 cr 18 cr 19 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 14 cr 15 cr 15 cr 16 cr 17 cr 18 cr 19 cr 10 cr 10 cr 11 cr 11 cr 12 cr 13 cr 14 cr 15 cr 16 cr 17 cr 18 cr 19 cr 19 cr 10 cr 11 cr 11 cr 12 cr 13 cr 14 cr 15 cr 16 cr 17 cr 18 cr 18 cr 19 cr 19 cr 10 cr	Business Activities in the Tourism and hospitality Sector	4 cr
Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 6 cr 3 cr 1 tr 5 cr 3 cr	Introduction to Marketing and Customer Service	4 cr
Finnish Language and Communication Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 6 cr 3 cr 1 tr 5 cr 3 cr		
Svenska inom turismen 1 English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 3 cr 5 cr 5 cr 5 cr	Communication Skills 1	17 cr
English for Tourism 1 Third Foreign Language Methodological Studies 1 IT Business Mathematics 3 cr 5 cr 5 cr 5 cr 3 cr	Finnish Language and Communication	6 cr
Third Foreign Language 5 cr Methodological Studies 1 11 cr IT 5 cr Business Mathematics 3 cr	Svenska inom turismen 1	3 cr
Methodological Studies 111 crIT5 crBusiness Mathematics3 cr	English for Tourism 1	3 cr
IT 5 cr Business Mathematics 3 cr	Third Foreign Language	5 cr
IT 5 cr Business Mathematics 3 cr		
IT 5 cr Business Mathematics 3 cr		
Business Mathematics 3 cr	Methodological Studies 1	11 cr
	IT	5 cr
Personal Development Programme 3 cr	Business Mathematics	3 cr
	Personal Development Programme	3 cr

PROFESSIONAL STUDIES 87 CR

Tourism Services Major	
Tourism Services	35 cr
Project Management and Organising Events	9 cr
Nature, Activity and Culture Tourism	
Nature and Activity Tourism 1	3 cr
Nature and Activity Tourism 2	3 cr
Finnish Culture	3 cr
Tour Operating	
Guiding	3 cr
Organising a Journey	3 cr
World Cultures	3 cr
Tourism Food Services Major	35 cr
Tourism Food Services	
Food Services Project Activities	8 cr
Kitchen Operations	
Professional Kitchen Operations	6 cr
Food production Programmes	1 cr
Nutrition and Special Diets	3 cr
Restaurant Operations	
Restaurant Kitchen Operations	6 cr
Food and Drink Culture	3 cr
Food Services Planning and Development	2
Logistics Planning	2 cr
Food Service Product development	3 cr
Restaurant and Professional Kitchen Management	3 cr
Shared Professional Studies	
Duraimaga Antimiting 2	35 cr
Business Activities 2	5 cr
Contract and Corporate Law	4 cr
Marketing Communication Marketing Planning and Passarch	3 cr
Marketing Planning and Research Tourism Product Development	3 cr
Management Accounting	5 cr
Bookkeeping and Profit Calculation	4 cr
Leading a Service Company	5 cr
Planning and Developing a Business	6 cr
Communication Skills 2	10 cr
English for Tourism 2	3 cr
English for Tourism 3	3 cr
Svenska inom turismen 2	4 cr
ovenska moni tarisinon 2	T C1
Methodological Studies 2	7 cr
Introduction to Research Methods	4 cr
Statistics	3 cr

COURSE DESCRIPTIONS OF DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

(MMPA0Z) BASICS OF TOURISM AND HOSPITALITY MANAGEMENT 27 cr

(MMPA001) Principles of Tourism

Credits: 6 cr Timing: 1st yr

Objective: Students will gain a general overview of the history of tourism, the present day

situation and future trends. Students will understand the social issues involved in

tourism and how it affects the environment.

Contents: Basic concepts, requirements and history of tourism

Tourism attraction issues

Tourism as a livelihood in Finland and around the world

A portrait of a tourist

Tourism promotion and control

The regional structure of tourism in Finland

The environment and tourism

The regional economic significance of tourism

The future of tourism

Learning Strategies: Lectures and group assignments

Assessment: Exam and assignments

Bibliography: Cooper, Fletcher, Gilbert, Shepherd & Wanhill: Tourism Principles and Practice

(2006)

Further study handouts

(MMPA002) The Accommodation Business

Credits: 5 cr Timing: 1st yr

Objective: This course provides insight into different forms of accommodation service and

provides students with an overview of the basic operations of the accommodation

business and the principles of profitability.

Contents: The structure of the accommodation industry and forms of accommodation business

The basic operations of an accommodation business

Reservation programmes (Hotellix)

The main figures in accommodation business profitability Security and safety risks in the accommodation business

Learning Strategies: Lectures, group work and study visits

Assessment: Exam, assignments and work in the field of accommodation

Bibliography: Asunta T., Brännare-Sorsa R., Kairamo H., Matero S., Majoitus- ja matkailupalvelu

(2005)

(MMPA003) Introduction to Food Services and Nutrition

Credits: 5 cr Timing: 1st yr

Objective: Students will gain an overall understanding of the stages food service production

and of different forms of implementation. Students will understand the significance of food as part of tourism and hospitality as well as learning to consider the different

food related requirements of tourists.

Contents: The stages of the food service process

The main tasks of food preparation

Meal and menu planning Food product knowledge

Adjusting recipes

An introduction to nutrition The most common special diets

Learning Strategies: Lectures, assignments, food prepration in the learning kitchen and introduction to

food service operational environments

Assessment: Exam and learning assignments

Bibliography: To be announced

(MMPA004) Serving and Bar Services

Credits: 4 cr Timing: 1st yr

Objective: This course introduces students to the principles of waiting at table and serving the

most common strong alcoholic drinks. Students will also become conversant with

licensing legislation.

Contents: The most common serving techniques and methods

The basics of catering

Alcohol licensing legislation and the tobacco law Product awareness for strong alcoholic drinks

Serving in house control

Learning Strategies: Lectures, assignments and introduction to food service operational environments

Assessment: Exam and learning assignments

Bibliography: To be announced

(MMPA005) Hygiene and Sanitation

Credits: 4 cr Timing: 1st yr

Objective: Students will understand the significance of hygiene and sanitation in the provision

of high quality hospitality and tourism services. They will know how to minimise

hygiene risks.

Contents: Hygiene competence requirements

Compilation of own self-monitoring/in-house control plan

Learning Strategies: Lectures, assignments and introduction to food service operational environments

Assessment: Exam and learning assignments

Bibliography: to be announced

(MMPA006) Safety and First Aid

Credits: 3 cr Timing: 1st yr

Objective: Students will be able to operate in first aid situations and assess and evaluate safety

factors in conjunction with quality.

Contents: First aid in different situations

Being prepared for fire extinguishing

Safety in tourism services

Learning Strategies: Lectures, assignments and discussion

Assessment: Quizzes, first aid practice, extinguishing practice

Bibliography: Ensiapuopas. 2006. SPR, Duodecim. Kuluttajaviraston ohjeet ohjelmapalvelujen

tuottajille.

(MMPB0Z) BUSINESS ACTIVITIES 1 8 cr

(MMPB001) Business Activities in the Tourism and Hospitality Sector

Credits: 4 cr Timing: 1st yr

Objective: Students will be conversant with the basic concepts of running a business and

economic thinking. They will also gain insight into the operational processes and

environments involved in tourism and hospitality.

Contents: Basic concepts of business operations

The functional processes of a business

External, internal and individual enterprise thinking Interest groups and stakeholders in tourism and hospitality Networking / partnership and collaborative thinking

Learning Strategies: Lectures and group assignments

Assessment: Exam and assignments

Bibliography: Kinkki S., Isokangas J. Yrityksen perustoiminnot (2006)

(MMPB002) Introduction to Marketing and Customer Service

Credits: 4 cr Timing: 1st yr

Objective: Students will be conversant with basic marketing concepts while understanding the

operational significance and special features of service company marketing. They

will also be aware of customer service in terms of competitive advantage.

Contents: Customer oriented marketing thinking and the basic concepts of marketing

Introduction to consumer behaviour and how to produce services

Information, skills, attitudes and operational models for customer service situations

Learning Strategies: Lectures, contact teaching and assignments

Assessment: Assignments and exam

Bibliography: To be announced

(MMPC0Z) COMMUNICATION SKILLS 1 17 cr

(MMPC001) Finnish Language and Communication

Credits: 6 cr Timing: 1st yr

Objective: Students will learn to express themselves in different communication situations

while being aware of procedures used in meetings and communications. This course also trains students to write in a manner appropriate to their chosen profession. They

will also be conversant with the principles of academic writing and business

correspondence.

Contents: Stage fright

Use of voice

Speeches for academic and other situations

Giving and justifying your opinion

Different forms of group communication

negotiations and meetings Documents and reporting

Academic writing, references and sources

Punctuation and grammar

Document standards, basic business correspondence

Email

Learning Strategies: Contact teaching, assignments and practical exercises

Assessment: Exam, assignments and practical oral and written reporting. Written communication

will be completed as a separate part of the course

Bibliography: Repo-Nuutinen: Viestintätaito

Kortetjärvi-Nurmi, Kuronen, Ollikainen: Yrityksen viestintä

(MMPC002) Swedish: Svenska inom turismen 1

Credits: 3 cr Timing: 1st yr

Objective: This course develops students' spoken and written skills so that they can deal with

nordic visitors, work in tourism and hospitality customer service and present a company and its services and facilities as well as being able to discuss to a certain

extent current events.

Prerequisite: Proficiency test

Contents: Grammar revision

Everyday speaking situations

Presenting a tourism company's and a restaurant's operations and staff

Tourism and hospitality customer service and sales situations

Finnish food culture

Awareness of Finland and one's own province

Learning Strategies: Small group teaching

Assessment: Continual assessment and a written exam

Bibliography: Jokisalo-Minni: Flexservice

(MMPC003) English for Tourism 1

Credits: 3 cr Timing: 1st yr

Objective: Students will be able to deal with foreign visitors in tourism customer service

situations and to apply for a job and practical training place abroad.

Prerequisite: Participation in proficiency test

Contents: Grammar revision, job application, presenting a tourist company's operations and

personnel, tourism customer service situations

Learning Strategies: Small group teaching

Assessment: Continual assessment, oral presentation, written exam

Bibliography: Handout

(MMPC004) Third foreign language

Credits: 5 cr Timing: 1st - 4th yr

Objective: Students will develop skills in a third foreign language in addition to English and

Swedish. The languages offered are Spanish, Italian, French, German or Russian.

(MMPD0Z) METHODOLOGICAL STUDIES 1 11 cr

(MMPD001) Data Processing

Credits: 5 cr Timing: 1st yr

Objective: Students will gain basic internet and email skills. They will also be proficient in the

use of presentation graphics, word processing and the most common spreadsheet

calculation functions for use in their work.

Contents: Email

Internet

Presentation graphics, word processing and spreadsheet calculation

Learning Strategies: Lectures and assignments, part of the assignments will be completed during the

practical sessions in the fourth period.

Assessment: Exam and assignment

Bibliography: To be announced

(MMPD002) Business Mathematics

Credits: 3 cr Timing: 1st yr

Objective: Students will be conversant with the required basic mathematics skills required in

business.

Prerequisite: Proficiency test

Contents: Revision of basic mathematics and improving mathematical proficiency

Profit margins and VAT

Indexes, Currencies

Interest and compound interest calculation and application

Credit

Business functions

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Karjalainen, L., Optimi -matematiikkaa talouselämän ammattilaisille, 2005

(MMPD003) Personal Development Programme

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will gain insight in the UAS and the field they have chosen to study, as

well as learning to use student services. They will also learn how to plan their studies, evaluate what they have learnt as well as gaining the tools to monitor their own professional development. The programme also covers how to accomplish

project and virtual studies.

Contents: Studying at a UAS

Study skills and learning environment

Student services Tutor groups Study planning

Professional development Moving on to working life Introduction to project work

Learning Strategies: Lectures, group work, planning and personal progress review discussions and

web-based learning

Assessment: Participation and accomplishment of all assignments

Bibliography: Study guide, e material and study handouts

COMPULSORY PROFESSIONAL STUDIES

TOURISM SERVICES 35 cr

(MMAC0Z) PROJECT WORK AND ORGANISING EVENTS 9 cr

(MMAC001) Project Work and Organising Events

Credits: 9 cr Timing: 1.-3. year

Objective: Students will gain experience and knowledge of project work and procedure by

participating in various research and event tourism projects.

Contents: Project concept and organisation

Compiling a project plan

Monitoring and ending the project

Organising meetings, congresses and events

Learning Strategies: Lectures, course-work assignments and participation in practical project work

Assessment: Exam and implementation of a project, reporting and presentation.

Bibliography: Pelin R., Projektihallinnan käsikirja (2004)

Silfverberg P., Ideasta projektiksi (2007) Kauhanen J., Juurakko A., Kauhanen V.,

Muu luennoilla ja virtuaaliopinnoissa määrättävä materiaali.

(MMAD0Z) NATURE, EXERCISE AND CULTURE TOURISM 9 cr

(MMAD001) Nature and Exercise Tourism 1

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the basic concepts of nature and exercise tourism

as well as with the structure of supply and demand. They will be able to plan and

create winter nature and exercise tourism products.

Contents: The concepts of nature and exercise tourism

The special features of supply and demand Planning and creating winter products

Learning Strategies: Lectures, group work, study visit

Assessment: Participation, course work based on lectures

Bibliography: Hemmi, J. 2005. Matkailu, ympäristö ja luonto, osat 1-2

Sievänen, T. (toim.) Luonnon virkistyskäyttö Fennell, D. 2002. Ecotourism planning

(MMAD002) Nature and Exercise Tourism 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will deepen their knowledge of planning and creating nature and exercise

tourism products. They will be aware of the most important trends that will affect

nature and exercise tourism in the future.

Prerequisite: Nature and Exercise Tourism 1

Contents: Planning and creating nature and exercise products for the summer

Nature and exercise tourism in research and future trends

Learning Strategies: Lectures, coursework, study visit

Assessment: Participation, coursework based on lectures

Bibliography: Hemmi, J. 2005. Matkailu, ympäristö ja luonto

Saarinen & Hall.2003. Nature Based Tourism

(MMAD003) Introduction to Finnish Culture

Credits: 3 cr Timing: 2nd yr

Objective: Students will gain knowledge of the Finnish way of life and history and how to

apply this knowledge in tourism.

Contents: Background to the Finnish identity

National and local culture

Important events, people, environments and phenomena. 'Finnishness' in product

development.

Learning Strategies: Lectures and assignments. The course includes web-based studies.

Assessment: Assignments and exam.

Bibliography: To be announced

(MMAE0Z) ORGANISING A TRIP 9 cr

(MMAE001) Guiding and Helping Tourists

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the theory and practical elements of guiding

tourists.

Contents: Guiding and supervision

Adventure education Group dynamics Leadership

Learning Strategies: Lectures, assignment

Assessment: Essay, guiding practice, coursework assignment

(MMAE002) Organising Trips and Tours

Credits: 3 cr Timing: 3rd yr

Objective: Students will be conversant with the basic principles and operational models of tour

operating and business thinking.

Contents: Tour operators

Independent tour organisation Practical tour operating

Learning Strategies: Lectures, assignments, students will also organise a trip and participate in the trip.

Assessment: Assignments and reporting on the organised trip

(MMAE003) World's Cultures

Credits: 3 cr Timing: 2nd yr

Objective: Students will gain insight into the main cultures of the world and the effects of

culture on interaction between people. The course will also cover the importance of

culture to tourism.

Contents: World cultural districts

Variables that describe the differences in culture. A short history of leisure and

tourism and the cultural features of tourism.

Learning Strategies: Lectures and assignments, taught in English

Assessment: Assignments and portfolio

Bibliography: To be announced

(MMAF0Z) TOURISM SERVICES PLANNING AND DEVELOPMENT 8 cr

(MMAF001) Tourism Product Development

Credits: 5 cr Timing: 3rd yr

Objective: Students will be aware of the competitive advantage of product development and

customer oriented in the development of a tourist company. They will be able to plan and price different tourist services, products and product combinations.

Prerequisite: Marketing Tourism Services

Contents: Tourism products and planning, creating and pricing combined products and

package deals

Learning Strategies: Lectures and assignments

Assessment: Portfolio, learning diary and assignments

Bibliography: Verhelä, P., Lackman, P., Matkailun ohjelmapalvelut

Borg, P., Kivi, E., Partti, M., Elämyksestä elinkeinoksi Boxberg & Komppula. Matkailuvrityksen tuotekehtiys.

Kotler, Bowen & Makens. Marketing for Hospitality and Tourism.

Further reading to be announced

(MMAF002) Strategic Planning in Tourism

Credits: 3 cr Timing: 4th yr

Objective: Students will gain an in depth overview of international, national and regional

tourism planning while gaining an overview of the role of tourism in the regional

economy.

Prerequisite: Forms of Tourism

Contents: Tourism strategies and how to compile them. International, national and regional

strategic planning in tourism.

Learning Strategies: Lectures, group work and visiting experts

Assessment: Exam and assignments

Bibliography: Handouts

TOURISM FOOD SERVICES 35 cr

(MMAG0Z) FOOD SERVICE PROJECT ACTIVITIES 8 cr

(MMAG001) Food Service Projects

Credits: 8 cr Timing: 1st - 3rd yr

Objective: Students will become proficient in project work by carrying out various

commissioned assignments from working life.

Contents: Planning, implementing and evaluating an event

Different types of project work

Catering

Learning Strategies: Lectures, assignments and participation in practical project work

Assessment: Exam, project reporting and presentation

Bibliography: To be announced

(MMAH0Z) KITCHEN OPERATIONS 10 cr

(MMAH001) Working in a Professional Kitchen

Credits: 6 cr Timing: 2nd yr

Objective: Students will become familiar with large-scale food production. They will also learn

how to plan and produce meal combinations that fulfil quality standards, for

different dining party customer groups.

Prerequisite: Introduction to Food Services and Nutrition

Contents: Food preparation methods for corporate dining

Meal and menu planning Planning the standard menu

Meal pricing

Use of machines and devices in the professional kitchen

Quality requirements and factors

Learning Strategies: Lectures and work in the professional kitchen.

Assessment: Exam and assignments

Bibliography: to be announced

(MMAH002) Food Production Programmes

Credits: 1 cr Timing: 2nd year

Objective: Students will be proficient in the use of different food production programmes.

Contents: Food production control programmes

Use of the Aterix food programme

Learning Strategies: Small group teaching

Assessment: Exam and assignment

Bibliography: To be announced

(MMAH003) Nutrition and Special Diets

Credits: 3 cr Timing: 2nd yr

Objective: Students will understand the importance of food to well-being and also how to apply

nutritional recommendations in practice. Students will also know how to plan and

produce special diets according to quality targets.

Prerequisite: Introduction to Food Services and Nutrition

Contents: Nutritional recommendations and their use

Preparation of special diets

Product awareness

Learning Strategies: Lectures, assignments and food preparation in the learning kitchen

Assessment: Exam and assignments

Bibliography: To be announced

(MMAJ0Z) RESTAURANT OPERATIONS 9 cr

(MMAJ001) Restaurant Kitchen Operations

Credits: 6 cr Timing: 2nd yr

Objective: Students will gain insight into restaurant culture, restaurant food preparation,

aesthetics and presentation.

Prerequisite: Introduction to Food Services and Nutrition Professional Kitchen Operations

Contents: The history of restaurant food in Finland

Typical restaurant meals and their preparation methods

Special ingredients
Portion and dish planning

Recipe cards

Learning Strategies: Lectures and work in the student restaurant

Assessment: Exam and assignments

Bibliography: Viitasaari, A. 2006. Ravintolaruokien historiaa.

Other reading to be announced

(MMAJ002) Food and Drink

Credits: 3 cr Timing: 2nd yr

Objective: Students will get to know the food culture of different countries and international

food trends. They will also gain insight into the wines typical of different wine

growing areas.

Contents: The cuisine of different countries

Wine areas and the most common grape varieties

Serving and tasting technique Combining food and wine

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: To be announced

(MMAK0Z) FOOD SERVICE PLANNING AND PRODUCT DEVELOPMENT 8 cr

(MMAK001) Logistical Planning

Credits: 2 cr Timing: 3rd yr

Objective: Students will gain an insight in the materials used in the food service industry and

service procurement methods.

Prerequisite: Kitchen and Restaurant Operations

Contents: Procurement legislation

ABC analysis

Procurement procedure

Stock control

Learning Strategies: Lectures, assignments and study visits

Assessment: Exam

Bibliography: To be announced

(MMAK002) Food Service Product Development

Credits: 3 cr Timing: 3rd yr

Objective: Students will know the different stages of product development and they will also

learn how to develop a variety of food products.

Prerequisite: Kitchen and Restaurant Operations

Contents: Finnish food

The product development process Developing new food products Methods of sensory evaluation

Chemical changes during the food preparation process

Learning Strategies: Lectures and work in the student kitchen

Assessment: Product development assignment

Bibliography: To be announced

(MMAK003) Restaurant and Professional Kitchen Management

Credits: 3 cr Timing: 3rd yr

Objective: Students will learn how to plan and produce foods services that fulfil quality targets,

for group dining and restaurant clients.

Prerequisite: Kitchen and Restaurant Operations

Contents: Customer oriented food production planning, implementation and evaluation

Management

Learning Strategies: Lectures and supervision discussions

Assessment: Production plans and their implementation

Bibliography: To be announced

(MMAL0Z) BUSINESS ACTIVITIES 2 35 cr

(MMAL001) Contract and Corporate Law

Credits: 5 cr Timing: 2nd yr

Objective: Students will gain in depth knowledge of the basic principles of contract law and the

most important types of business contract.

Contents: The legal system

Contracts and how to make them

Authorisation, commercial representation

Contract of employment

Compensation Forms of company Tourism law

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: To be announced

(MMAL002) Promotion Skills

Credits: 4 cr Timing: 3rd yr

Objective: Students will be conversant with promotion methods, being to plan a company's

promotion and to estimate promotion costs.

Prerequisite: Marketing of Tourism Services

Contents: Advertising

Relationship and PR activities

Sales promotion Personal sales

Learning Strategies: Lectures and assignments

Assessment: Portfolio, learning diary, assignments, marketing plan

Bibliography: Anttila, M., Iitanen, K., Markkinointi. Soveltuvin osin.

Bergsrtöm, S., Leppänen, A. Yrityksen asiakasmarkkinointi. Soveltuvin osin. Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism.

Soveltuvin osin

Further literature and material to be announced

(MMAL003) Marketing Planning and Research

Credits: 3 cr Timing: 3rd yr

Objective: Students will gain knowledge of market research as an information gathering

method for the purposes of decision making and will learn how to compile different

types of marketing plans.

Contents: Marketing research and other corner stones of marketing planning

The marketing planning process and compiling a marketing plan

Learning Strategies: Lectures and assignments

Assessment: Exams and set assignments

Bibliography: To be announced

(MMAL004) Marketing of Tourism Services

Credits: 3 cr Timing: 2nd yr

Objective: Students will gain knowledge of the special features of marketing tourist services

and basic competition methods, the significance of the product itself, pricing and

availability and distribution channels.

Prerequisite: Introduction to Marketing and Customer Services

Contents: Basic competition methods: product, price, availability, distribution channels.

Marketing abroad.

Learning Strategies: Lectures and assignments

Assessment: Porfolio, learning diary

Bibliography: Albanese, P´., Boedeker, M., Matkailumarkkinointi

Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism, soveltuvin

osin.

Further literature and material to be announced

(MMAL005) Management Accounting

Credits: 5 cr Timing: 3rd yr

Objective: Students will be conversant with management accounting and how to do and use

financial and profitability calculations.

Contents: Company economic processes and operational planning

Profitability calculation

Pricing

VAT in the tourism and hospitality industry

Budgeting

Investment calculations Activity-based accounting

Learning Strategies: Lectures and exercises

Assessment: Exam and assignments

Bibliography: Nieminen G., Ravintola-alan laskentatoimi

(MMAL006) Bookkeeping and Financial Statements

Credits: 4 cr Timing: 2nd yr

Objective: Students will gain an overview of a company's financial operations via bookkeeping.

They will also be conversant with the basic principles and methods of double entry bookkeeping, as the different stages of the accounting period and how to interpret financial statements and related material. This course also covers the basic principles

of VAT.

Contents: Business financial operations and accounting

Bookkeeping and financial statements Introduction to financial statement analysis

Introduction to VAT

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Tomperi, S., Käytännön kirjanpito - oppikirja

Tomperi, S. & Keskinen, V., Käytännön kirjanpito - harjoituskirja

(MMAL007) Leading a Service Company

Credits: 5 cr Timing: 2nd yr

Objective: This course provides an overview of leadership and an understanding of the

activities carried out by different people in an organisation. Students will gain knowledge of the procedures used to regulate staff resources, to ensure competence

and skills needed in the business and to maintain job motivation.

Contents: The roles and tasks of a leader

Leadership models Organisational structures

Job motivation

Groups and teams in an organisation

Organisation culture

Human resource planning and recruitment

Job orientation and instruction Organising and shaping work

Staff development

Incentives

Learning Strategies: Lectures and assignments

Assessment: Assignments and exam

Bibliography: to be announced

(MMAL008) Planning and Developing a Business

Credits: 6 cr Timing: 3rd - 4th yr

Objective: Students will be familiar with the stages and aims of strategic planning in business,

while understanding the effect of changes in the operational environment on the planning and development of operations in a tourism business. Students will know how to develop the business/work community and be able to apply such methods to

their own operations.

Contents: Corporative strategic planning

A learning organisation Managing change

Learning Strategies: Lectures and assignments

Assessment: Interim pass (3 cr) Business plan Interim pass 2 (3 cr) assignments

Bibliography: Kamensky, M., Strateginen Johtaminen

Sarala, Sarala., Oppiva Organisaatio

(MMAN0Z) COMMUNICATION SKILLS 2 10 cr

(MMAN001) Swedish: Svenska inom turismen 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will be capable of dealing with tourism written and spoken communication

situations. They will be proficient in dealing with tourism routine correspondence

and they will practise negotiating in a variety of business situations.

Prerequisite: Svenska inom turismen 1

Contents: Business communication

Gastronomy

Tourism programmes

Negotiations

Job application

Learning Strategies: Small group teaching

Assessment: Continual assessment, written and spoken exam

Bibliography: Study handout

(MMAN002) English for Tourism 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will be able to communicate using spoken and written English using

different communication equipment in different tourism situations.

Prerequisite: English for Tourism 1

Contents: Tourism business communication (reservations, confirmations, cancellations,

alterations)

Routine correspondence, payments

Negotiations

Learning Strategies: Small group teaching

Assessment: Spoken and written exercises, written exam

Bibliography: Study handout/WebCT

(MMAN003) English for Tourism 3

Credits: 4 cr Timing: 3rd yr

Objective: Students will depeen their written and spoken proficiency in English, being able to

describe Finland's tourist attractions and to read and write academic texts concern

the field of tourism.

Prerequisite: English for Tourism 2

Contents: Finland as a tourist destination, current texts and articles on tourism, academic

writing

Learning Strategies: Small group teaching

Assessment: Spoken and written assignments, written exam

Bibliography: Study handout

(MMAP0Z) METHODOLOGICAL STUDIES 2 7 cr

(MMAP001) Introduction to Research

Credits: 4 cr Timing: 2nd yr

Objective: Students will be conversant with the basic principles and concepts of the research

process and the qualitative research method

Contents: Basic research concepts, the research process, qualitative research, a theme

interview, activity-based research

Learning Strategies: Lectures, assignments

Assessment: Assignments, exam

Bibliography: Hirsjärvi, Remes, Sajavaara, Tutki ja kirjoita

Hirsjärvi, Hurme, Tutkimushaastattelu

Eskola, Suoranta, Johdatus laadulliseen tutkimukseen Airaksinen, Vilkka, Toiminnallinen opinnäytetyö

(MMAP002) Statistics

Credits: 3 cr Timing: 3rd yr

Objective: Students will be conversant with the handling of statistical material, the

characteristics of distribution, the most common statistical methods, statistical tests,

use of the SPSS statistics programme and interpretation of results.

Prerequisite: Introduction to Research

Contents: The processing and interpretation of material for quantitative research:

Basic concepts and tables Statistical characteristics

Correlation: cross-tabling, correlation analysis and regression analysis

Test theory and statistical methods Use of statistics programme

Learning Strategies: Lectures and exercises

Assessment: Exam, exercises and assignment

Bibliography: Karjalainen, L., Tilastomatematiikka, 2004

Heikkilä, T., Tilastollinen tutkimus, 2005

(VAPAAZ) FREE-CHOICE STUDIES 15 cr

Students can freely select 15 cr of studies that will support their professional development, from their own field/degree programme or from another degree programme in their own university of applied sciences, from another university of applied sciences or science university. Students will achieve wide-ranging business

expertise.

(MMWA011) Wildlife Watching

Credits: 3 cr Timing: 2nd - 3rd yr spring

Objective: This course provides a glimse of wildlife watching as a form of tourism,

concentrating on large predator and bird watching in order to build product

packages.

Prerequisite: Introduction to Tourism, Introduction to Nature and Activity Tourism

Contents: Knowledge and identification of species

Large predator watching

Bird watching Legal issues

Organising watching sessions

International trends

Learning Strategies: Lectures, small group teaching, study visits

Assessment: Participation, practice tasks, report

Bibliography: To be announced

(MMWA012) Wilderness Cuisine

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will be able to plan, prepare and serve food in the wilderness.

Prerequisite: Introduction to Tourism, Introduction to Nature and Exercise Tourism

Contents: Catering in the wilderness

Food preparation equipment in the field

The tripper and food Preparing camp food Self monitoring

Learning Strategies: Lectures and exercises

Assessment: Participation and assignments

Bibliography: To be announced

(MMWA008) Hunting and Fishing Tourism

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will learn about fishing and hunting tourism.

Prerequisite: Introduction to Tourism Introduction to Nature and Activity Tourism

Contents: Forms of fishing and hunting tourism, trends, legislation, hunting qualification.

Learning Strategies: Lecture and exercises, participation in hunting and fishing events

Assessment: Parcipation and assignments

Bibliography: To be announced

(MMWA009) Adventure Education

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will deepen their knowledge of adventure education enabling them to apply

adventure education methods.

Prerequisite: Introduction to Tourism, Adventure Tourism

Contents: Group dynamics, maintaining the spirit of the group

The theory of adventure education

Adventure activities

Learning Strategies: Lectures and exercises. Weekend camp

Assessment: Active participation, assignment

Bibliography: To be announced

(MMWA010) International Tourism Geography

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: This course emphasises the global nature of tourism as a livelihood, the regional

structure of tourism, large tourist areas and the main tourist destination countries from Finland. Students will increase their regional knowledge and be able to imagine the world map divided into its different tourist countries and regions.

Prerequisite: Introduction to Tourism

Contents: The m ain geographical prerequisites for tourism

International regional structure of tourism Large tourist areas and tourism countries Sustainable development in tourism

Learning Strategies: Independent web based studies

Assessment: Assignments as virtual studies and book exam

Bibliography: Vuoristo K-V., Matkailun maailma; Kansainvälisen matkailun maantiede (2003)

Further reading will be announced by the lecturer

(MMWA013) Doorman Training Course

Credits: 3 cr Timing: 1st - 4th yr

Objective: This training course provides those who pass it with the opportunity to apply for a

doorman/bouncer card.

Contents: Minstry of the Interior training material

Visiting experts. Practical exercises.

Learning Strategies: 24 H / lectures + 16 H practical training and exercises

Assessment: Exam and exercises

Bibliography: Ministry of the Interior training handout

(MMWA017) Tourism Industry in Russia

Credits: 3 cr Timing: 1st - 4th yr

Objective: This course introduces students to tourism from Russia to Finland and visa versa.

Contents: Customer segments and profiles

Tourist destinations

Product development and marketing opportunities

Learning Strategies: Classroom teaching, group work

Assessment: Portfolio containing a learning diary and assignments

Bibliography: To be announced

(MMWA018) History of Tourism

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will be conversant with the history of tourism to the present day.

Prerequisite: Forms of Tourism or Introduction to Tourism

Contents: Different eras in tourism history.

Learning Strategies: Independent web studies

Assessment: Assignments as virutal studies

Bibliography: Kostiainen A., Ahtola J., Koivunen L., Korpela K ja Syrjämaa T. Matkailijan

ihmeellinen maailma. Matkailun historia vanhalta ajalta omaan aikaamme (2004)

Further reading to be announced at the outset of the course

(MPWA003) Bakery and Confectionery Products

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will be able to prepare the most common bakery and confectionary

products.

Contents: Finnish and international food and bakery product culture

Different product groups

The special ingredients used in bakeries and confectionery products

Learning Strategies: lectures, work in the learning kitchen and study visits

Assessment: Assignments

Bibliography: To be announced

(MMWA044) Beers and Ciders

Credits: 3 cr Timing: 1st - 4th year

Objective: Students will get to know different types of beer and cider from different countries

and they will learn how to evaluate their features and use for the benefit of the food

service industry.

Contents: Production techniques

Legislation

Types of beer and cider The structure of beer and cider Service and tasting technique

Learning Strategies: Lectures and small group work

Assessment: Assignments

Bibliography: Handouts

(MPWA001) Theme Cuisine

Credits: 3 cr Timing: 2nd yr

Objective: Students will learn how to plan and prepare adventurous food services based on

different themes.

Prerequisite: Restaurant Activities

Contents: Planning and setting up a theme day appropriate to the season

Learning Strategies: Lectures and practical work

Assessment: Assignments

Bibliography: To be announced

(MPWA002) Festive and Game Specialities

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will gain knowledge of food prepared from game and learn how to plan and

prepare food and drinks for celebrations.

Prerequisite: Restaurant Activities

Contents: Handling game and game preparation methods

Finnish festive traditions

Learning Strategies: Lectures and practical work in the learning kitchen

Assessment: Assignments

Bibliography: To be announced

(MPWA004) Vegetarian Dishes

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: Students will learn how to prepare different kinds of vegetarian dishes and how to

assess their nutritional value and sensory quality.

Prerequisite: Nutrition, Special Diets

Contents: Vegetarian diets

Preparing vegetarian dishes

Product awareness

Learning Strategies: Lectures, assignments and food preparation in the learning kitchen

Assessment: assignments

Bibliography: To be announced

(MMWA059) Nature and Activity Tourism

Credits: 3 cr Timing: 2nd or 3 rd yr

Objective: To provide the skills to plan and carry out long-term nature and exercise tourism

products

Prerequisite: Nature and Exercise Tourism 1

Contents: Planning, organising and implementing long-term nature and exercise tourism

products.

Learning Strategies: Lectures Assignments A hike

Bibliography: To be announced

(MMOA0Z) THESIS 15 cr

(MMOA001) Thesis

Credits: 15 cr Timing: 3rd - 4th yr

Objective: The thesis allows students to study an area related to their studies in an in depth and

critical way. It can be completed in the form of research, a development project or activity and should support students' professional development while serving the needs of working life. Students will also participate in seminars where they can present their subject under research and outcomes as well as assessing other

students' work. Students will also complete a maturity test.

Prerequisite: Introduction to Research Work Statistics

Contents: Students will take part in seminars where they can present their own work, assess

the work of others and act as opponents for other students presenting their work. After the subject of the thesis has been approved a supervisor is assigned to oversee its completion. The final thesis is completed and then presented during a seminar session after the student has compiled a subject analysis and a research plan. The

maturity sample is written after the thesis has been presented.

Bibliography: Hirsjärvi, Remes, Sajavaara, Tutki ja kirjoita

Opinnäytetyöohjeet

(MMHA0Z) PRACTICAL TRAINING 30 cr

(MMHA001) Practical Training

Credits: 30 cr Timing:

Objective: Students will gain experience of work tasks related to their chosen professional field

while learning to develop and assess their work and their work environment. Students must find their own practical training place in a company or public

organisation abroad or in Finland.

Contents: Practical training seminars before and after the practical training period

Practical training in a tourism, hospitality (food) or domestic services business Practical training reports and tasks and participation in discussion using WebCT More specific instructions and necessary forms can be found on WebCT that will be

introduced during the practical training seminar.

Assessment: Practical training, reporting and participation in WebCT discussions.

DEGREE PROGRAMME IN TOURISM

Address Kajaani University of Applied Sciences

School of Tourism

Postal address: P.O.Box 52, 87101 Kajaani Visiting address: Opintie 3 (OPPI 7)

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Head of the Degree Programme

Mr Mikko Keränen Tel. 08 – 6189 9460

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Objective of the Degree programme

The objective of the Degree Programme in Tourism is to provide both Finnish and international students with a high quality, practical yet academic training in tourism management. The programme emphasises the development of skills needed in managing activity and nature tourism services. In addition, a wide range of related subjects such as marketing, financing, accommodation services, business activities, product development and human resource management are also covered. Language studies also play a major role. Upon completion of the required 210 credits within three and a half years, graduates are awarded a **Bachelor of Hospitality Management (BHM).**

Learning Environment

The learning environment at Kajaani University of Applied Sciences actively encourages the achievement of the stated objective by providing:

- A programme that is both responsive and flexible to the needs of students
- A programme that is both challenging yet supportive
- A truly international atmosphere, achieved through the Kajaani UAS' extensive links with partner colleges abroad
- Co-operation with a network of local businesses and other tourism interest groups
- Professional highly qualified staff with experience in the tourism sector

Learning Strategies

Because of the nature of the programme, the learning strategies employed to achieve its objectives are varied; depending on the subject they may include: lectures, field trips, outings, seminars, individual tutorials, workshops, case study, group work, project work, research and video conferencing.

The language of instruction is English and the courses are taught by Kajaani University of Applied Sciences' own academic staff and a resource of guest lecturers from various partner institutions in Europe, plus business professionals drawn from firms who are involved in international business and who maintain contacts with

Kajaani University of Applied Sciences. Through the use of various tutorial approaches, sessions are designed to ensure that students can fully exercise their creative potential and that critical learning is facilitated. This is why interactive learning, team-based course work and small group sessions form an important element of the learning process of the Degree Programme in Tourism.

Competences

Degree programme in tourism covers five main competences which are:

Subject specific competences Degree programme in Tourism	Description of the competence The Student
Service-mindedness	 understands that hospitality is one of the central values and success factors of the sector. can provide healthy, safe and profitable services which promote customers' wellbeing. can take aesthetic and ethical perspectives into account when providing services (premises, service products, communications). is familiar with the principles of consumer behaviour and can make use of them in developing services.
Service systems	 can plan, produce and develop services to suit the needs of the operating environment. can define, manage and evaluate service processes (product planning, profitability, and organisation, management and development of work) can develop services using product development and commodification methods is aware of the safety requirements for the sector and can apply them to his/her own work.
Service management	 knows and understands company strategies and can make use of them in managing service operations. can plan, implement and evaluate his/her own and the department's daily supervisory management activities. can organise a work community and make use of the skills of individuals, teams and communities.
Business know-how	 can analyse customer relationships from the point of view of service development. understands the main concepts of business and has internalised the principles of a commercial approach. can predict the effect of alternative operating methods on financial results and competitiveness. can apply the principles of entrepreneurship, both as an entrepreneur and as an employee. can operate in, make use of and develop various kinds of networks.
Service environments for tourism	 can develop service environments and networks related to leisure and business travel. understands the significance of internationalisation, globalisation and different cultures for services and their development. can work in various international operating environments. can benefit from applying the characteristics of national cultures in developing tourism. can develop regional strengths and improve regional influence in tourism.

Annual Themes – Description of Progress in Studies

Each study year has its own theme which describes the main focus of the courses.

1st year - Observer of tourism

- The student has the basic information needed to understand the fundamental process of tourism, its structures, impact on society in economic, social and ecological terms.
- The student gains knowledge of the theoretical models applied in tourism.
- The students will gain the necessary computer skills and methodological tools needed for data collection, analysis and reporting.

2^{nd} and 3^{rd} year – Applicator

• In 2nd and 3rd year the student will deepen both the theoretical and practical knowledge needed to function in tourism.

4th year – Developer of tourism

• In the 4th year the student has competences to develope and analyse tourism products and services. The student is able to develop business activities by implementing the latest findings in the field.

Structure of the Programme

Basic Studies (70 cr)

Basic studies are compulsory studies and should be completed mainly during the first year of study. These courses include basic courses in tourism and business activities and methodological as well language studies.

Professional Studies (80 cr)

These courses are carried out from the second year onwards and they include special study modules covering different areas of tourism. The aim of professional studies is to equip students with both the theoretical and practical knowledge needed to function in tourism.

Free-choice Studies (15 cr)

Free-choice studies are included in professional studies. The aim is to provide the student with the opportunity to deepen and widen knowledge related to his or her own professional field. These can be chosen from the degree programme or from another degree programmes in the same school or from another university of applied sciences, university or elsewhere by prior agreement. The head of degree programme approves optional studies chosen by students.

Practical Training (30 cr)

An essential part of studies is a five-month-long practical training period, which takes place during the 3rd study year in spring term. Practical training can be done either in Finland or a foreign country. Finnish students must complete either practical training or a semester of their studies abroad. Before starting practical training students must have a minimum of 75 credits. The purpose of practical training is to offer students the possibility to put into practice the knowledge acquired from their professional studies by carrying out practical tasks in companies.

Thesis and Maturity Test (15 cr)

The purpose of the thesis is to demonstrate students' ability to adapt knowledge and skills acquired during professional studies. This can be accomplished in the form of project work, research work or applied research. It is recommended that the thesis be completed in co-operation with a tourism company or in co-operation with other interest groups. Preparation of the thesis is usually accomplished towards the end of studies during the final year.

The maturity test is done after completing the thesis. The test demonstrates students' language skills and how familiar they are with the chosen subject of their thesis. Finnish students write the test in Finnish and foreign students in English. The test is completed under supervision with questions provided by the thesis/project supervisor.

Foreign Studies

For Finnish students it is recommended that one of the 2nd year semesters is spent in a foreign university or polytechnic. Also international students can do part of their studies in exchange. Partner institutions and opportunities will be presented in information meetings, and more information is also available in the Kajaani UAS internet and intranet pages. Kajaani UAS' partner institutions in different countries offer studies in English or in other languages. To apply for foreign studies the student must have achieved a minimum of 45 credits per academic year. Each student makes a personal study plan with the school's international co-ordinator for their period of foreign studies. Studies completed abroad are approved as part of the degree programme.

Language Studies

The Degree Programme in Tourism includes 21 credits of compulsory language studies. Language studies should comprise at least Finnish and English studies. Finnish students also have two compulsory Swedish courses. It is highly recommended that students choose one language as part of their free-choice studies. These studies should include at least 8 credits in order to achieve a good level of the chosen language (5 cr beginner's course + 3 cr intermediate/advanced studies).

Finnish Students		Foreign Students	
English	9 cr	English	9 cr
Finnish	6 cr	Finnish	12 cr
Swedish	6 cr		

Foreign language courses offered at this level are French, Spanish, Italian, Russian, Swedish and German.

CREDIT STRUCTURE 210 CR

BASIC STUDIES Basics in Tourism Business Activities 1 Methodological Studies 1 Communication Studies 1	70 cr 32 cr 12 cr 11 cr 15 cr
PROFESSIONAL STUDIES	80 cr
Tourism Services	41 cr
Business Activities 2	26 cr
Methodological Studies 2	7 cr
Communication Studies2	6 cr
FREE-CHOICE STUDIES	15 cr
PRACTICAL TRAINING	30 cr
THESIS AND MATURITY TEST	15 cr

THE COURSE CONTENT FOR THE DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

Basics of Tourism	32 cr
Principles of Tourism	6 cı
Introduction to Nature and Activity Tourism	5 cı
Tourism Product Development 1	3 cı
Project Management	6 cı
Safety and First Aid	3 cı
Food Hygiene	3 cı
Serving and Bar Services	3 cı
Accommodation Services	3 cr
Business Activities 1	12 cr
Introduction to Marketing and Customer Service	4 cı
Introduction to Business Activities	3 cı
Introduction to Management Accounting	5 cı
Methodological Studies 1	11 cr
Personal Development Programme	3 cı
Office applications	5 cı
Business Mathematics	3 cı
Communication Studies 1	15 cr
Finnish Students	
Finnish: Oral Communication and Meeting Skills	3 cı
Finnish: Written Communication and Business Letters	3 cr
Swedish: Svenska inom tourismen 1	3 cı
English: Basics of Tourism English	3 cı
English: Business Communication Skills	3 cr
Foreign Students	
Finnish for Foreigners 1	6 cı
Finnish for Foreigners 2	3 cr
English: Basics of Tourism English	3 cr
English: Business Communication Skills	3 cı

PROFESSIONAL STUDIES

Tourism Services	41 cı
Management of Nature and Sport Services 1	4 c
Management of Nature and Sport Services 2	4 c
Sustainable Tourism	3 c
Tourism Economics	3 c
Adventure Tourism	3 c
Instructing Indoor and Outdoor Activities	3 c
Event Management	3 c
Cultural Tourism in Finland Food and Culture	3 c
Food and Culture Intercultural Communication	4 ci 3 ci
Tourism Planning and Policy	3 c
Tourism Product Development 2	3 c
Business Activities 2	26 cı
Marketing of Tourism Services	3 c
Marketing Communications	3 c
Bookkeeping and Financial Statements	5 c
Human Resource Management	5 c
Law Studies	5 c
Corporate Planning and Development	5 c
Methodological Studies 2	7 cı
Applied Research Methods	3 c
Statistics	4 c
Communication Studies 2	6 cı
Finnish Students	
Swedish: Svenska inom tourismen 2	3 c
English: Academic Writing	3 c
Foreign Students	
Finnish Conversation	3 c
English: Academic Writing	3 c
Practical Training	30 c
Thesis and Maturity Test	15 c
Free-Choice Studies	15 c

COURSE DESCRIPTIONS OF DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

(MTBA1Z) BASICS IN TOURISM 32 cr

(MTBA001) Principles of Tourism

Credits: 6 cr Timing:

Objective: Students will gain knowledge of the principles of tourism in Finland and abroad

Contents: An introduction to tourism

Consumer behaviour and tourism demand Models and patterns of tourism demand

Classification of tourism Tourism attraction

The Socio-cultural impact of tourism

Ecology and tourism The future of tourism

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Cooper, Fletcher, Gilbert, Shepherd & Wanhill: Tourism, Principles and Practice

(2002)

Charles R, Goeldner J.R, Brent R: Tourism, Principles, Practices, Philosophies

(2003)

Further reading/material will be provided by lecturer

(MTBA002) Introduction to Nature and Activity Tourism

Credits: 5 cr Timing: 1st year

Objective: Students will understand the importance and complexity of nature and activity

tourism and learn to identify the numerous aspects of managing successful services

and products in these fields of tourism.

Contents: Principles of nature and activity tourism

Tourism and nature conservation

Legal issues

Destinations and venues

Nature and sport tourism markets

Learning Strategies: Lectures and excursions. Visits to genuine activity sites will be included whenever

possible.

Bibliography: Newsome, D., Moore, S.A. and Dowling, R. K. 2002. Natural Area Tourism

Saarinen, J. & Hall, C.M. 2004. Nature Based Tourism Research in Finland: Local

Contexts, Global Issues

Standeven & De Knop. 1999. Sport Tourism

Ritchie, B.W. & Adair, D. (eds.) 2004. Sport Tourism, Interrelationships, Impacts and

Issues.

(MTBA003) Tourism Product Development I

Credits: 3 cr Timing: 1st year

Objective: Students will understand functions and aspects of initial and ongoing product

development as a basic part profitable tourism business development.

Contents: Tourism products and features

Planning and development process

Pricing

Learning Strategies: Lectures Group works Study visits

Assessment: Portfolio including a learning diary and group assignments

Bibliography: Kotler P., Bowen J. and Makens J. 1999. Marketing for Hospitality and Tourism

Additional study materials will be agreed during the course orientation

(MTBA004) Project Management

Credits: 6 cr Timing: 1st and 2nd year

Objective: Introduction to project work and management

Contents: Basics of project work

Project planning

Practical work in a project

Reporting

Learning Strategies: Lectures, project work and reporting in small groups

Assessment: Continual assessment and project work

Bibliography: Reading/material will be provided by lecturer

(MTBA005) Safety and First Aid

Credits: 3 cr Timing: 1st year

Objective: Students will know what to do in a situation requiring them to provide first aid and

they will also be able to check for and assess risks. The course is divided into a

safety and a first aid part.

Contents: First aid: Red Cross of Finland emergency aid qualification EA (first aid) 1 and EA

(first aid) 2, extinguishing fires Safety: Safety at work,

risk assessment and risk management in program services

Learning Strategies: Lectures, course and group work, exercises

Assessment: Test, first aid practice, fire extinguishing practice. Students will have the opportunity

to pass the Finnish Red Cross EA (first aid) 1 and EA (first aid) 2 qualifications.

Bibliography: Reading list and handouts provided by lecturer.

The Finnish Consumer Agency's Guidelines for the promotion of safety in Program

Services, Publication series 11/2003 Finnish Consumer Agency

(MTBA006) **Food Hygiene**

Credits: 3 cr Timing: 1st year

Objective: Students will understand the importance of hygiene for safe food services and

travelling

Contents: Food microbiology

> Food poisoning Hygiene practices Personal hygiene

Cleaning

In-house control

Legislation relating to food hygiene

Learning Strategies: Lectures, discussions, individual and group exercises

Assessment: Exam and exercises

Bibliography: Reading list/material provided by lecturer

Accommodation Services (MTBA008)

3 cr Credits: Timing: 1st year

Objective: Students will be familiar with different types of accommodation and they will

understand the importance of accommodation services within the tourism industry.

The course includes an introduction to reservation systems

Contents: Different forms of accommodation services

> Basic operations Reservation systems

Learning Strategies: Lectures, small group work, presentations, study visits

Assessment: Exam, exercises

Reading list/material provided by lecturer Bibliography:

(MTBO2Z) **BUSINESS ACTIVITIES 1 12 cr**

(MTBO001) **Introduction to Marketing and Customer Service**

Credits: 4 cr 1st year of studies Timing:

Students will understand the principles of marketing and the importance of customer Objective:

service. There is a focus on hospitality and tourism.

Contents: Introduction to the principles of marketing

e.g. customer service; market segmenting, targeting and positioning; the marketing

mix, consumer buying behaviour

Learning Strategies: Lectures & small group work

Assessment: Exam, exercises, presentations, reports

Bibliography: Kotler, et.al., Marketing for Hospitality and Tourism. Pearson Education 2006

(MTBO002) Introduction to Business Activities

Credits: 3 cr Timing: 1st year

Objective: Students will gain knowledge of the principles of tourism business activities

Contents: Business entrepreneurship

Basic premises of business operations

Business process

Operational environment of a company

Interest groups

Review of marketing, management accounting and organisation of a company

Company structures

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Kinkki Seppo, Isokangas Jouko, Yrityksen perustoiminnot - Basic

Business operations pp. 311-448

Further reading/material provided by lecturer

(MTBO003) Introduction to Management Accounting

Credits: 5 cr Timing: 1st year

Objective: Students will understand the meaning of profitability and learn how to make

calculations required by managers for planning, decision-making and control.

Contents: General terms and aims in management accounting

Profitability calculations Cost-volume-profit analysis

Pricing calculations

Short-term calculations, planning and controlling methods

Long-term calculations: investments

Budgeting

Activity Based Costing

Learning Strategies: Lectures, exercises, management accounting software

Assessment: Exercises and exams

Bibliography: To be announced

(MTBM4Z) METHODOLOGICAL STUDIES 1 11 cr

(MTBM001) Business mathematics

Credits: 3 cr Timing: 1 st year

Objective: To provide students with a sound command of business mathematics skills and the

ability to apply them in different areas of business life

Contents: Review of the basic mathematical operations needed in business mathematics

Percentage calculation and its economic applications

Index

Currency calculation

Simple interest calculation and its applications

Compound interest

Credit

Economic functions

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Pulkkinen P, Holopainen M., Keinänen K., Business Mathematics

(MTBM002) Office Applications

Credits: 5 cr Timing: 1st year

Objective: The student will be able to use a microcomputer as a common tool in everyday

working life.

Contents: E-mail

Internet

Hardware and operating systems

Presentation graphics Word processing Spreadsheets Computing today

Learning Strategies: Practical exercises and individual use of computer

Assessment: Exam and practical exercises

Bibliography: Material provided by the lecturer

(MTBM003) Personal Development Programme

Credits: 3 cr Timing: 1st year

Objective: The aim of this programme is to provide students with the tools, which will ensure a

successful commencement of their studies leading to success in future careers, by enabling students to identify their personal learning characteristics, whilst at the same time introducing specific study skills. The program aims to facilitate the

individual development of students.

Contents: Initial assessment week (Boot Camp)

Personal SWOT Learning styles

Introduction to Reflective Practice Creative thinking/Problem solving

Presentation Skills Personal Branding Portfolio Development

Learning Strategies: Lectures, Activities, Individual tutorials, Practical Work

Assessment: Portfolio -- Course work of completed tasks throughout the program

Bibliography: Selected readings, handouts related to subject areas.

(MTBC3Z) COMMUNICATION STUDIES 1 15 cr

(MTBC004) Basics of Tourism English

Credits: 3 cr Timing: 1st year

Objective: To practice and improve both basic oral and written communication. The course

introduces basic tourism vocabulary through a wide range of settings and situations

in the English-speaking world.

Contents: Grammar surgery

Report writing Application writing Customer service

Personnel and functions of a tourist company

How to give a presentation

Negotiations

Learning Strategies: Pair work, group work, oral and written tasks

Assessment: Continual assessment, oral presentation, written exam

Bibliography: To be announced

(MTBC005) Business Communication Skills

Credits: 3 cr Timing: 1st year

Objective: To learn to communicate orally and in writing in tourism using different

communication channels

Contents: Communication in a tourism company (reservations, confirmations, cancellations,

changes)

Routine correspondence Payment and collection letters

Negotiations

Learning Strategies: Small group sessions

Assessment: Oral and written tasks, written exam

Bibliography: To be announced

(MTBC001) Oral COmmunication and Meeting Skills

Credits: 3 cr Timing: 1st yr (for Finnish

speaking students)

Objective: Students will learn to express themselves and to operate in a goal oriented manner in

different communication situations. The course also covers different negotiations

and meetings procedures.

Contents: Analysing different forms of oral communication performances

Stage-fright Use of voice

Academic and speeches for specific situations

Influence and justification

Different forms of group communication Negotiation and meeting techniques

Documents

Learning Strategies: Classroom teaching, exercises

Assessment: Exam and assignments

Bibliography: Repo-Nuutinen: Viestintätaito

(MTBC002) Written Communication and Business Letters

Credits: 3 cr Timing: 1st yr (for Finnish

speaking students)

Objective: Students will learn to write in a manner appropriate to their chosen profession and

be able to compile standard business letters.

Contents: The principles of written communication

An introduction to language maintenance Process writing and document standards

Basic business letters E-mail communication

Learning Strategies: Contact teaching, assignments

Assessment: Exam and assignments

Bibliography: Kortetjärvi-Nurmi, Kuronen, Ollikainen, Yrityksen viestintä

(MTBC003) Swedish for Tourism 1

Credits: 3 cr Timing: 1st year

Objective: Students will develop their language skills to be able to cope in tourism and catering

customer service situations and to present a company and its services and facilities as well as the special features of Finnish cuisine in Swedish. Students will also be able to present Finland as a tourist destination and discuss current affairs to a certain

extent using the Swedish language

Prerequisite: Participation in proficiency test

Contents: Everyday spoken Swedish

Hotel and restaurant customer service

Finnish food culture and gastronomic terminology

The differences between Finnish Swedish and Swedish Swedish

Finland in Swedish Current affairs

Learning Strategies: Small group teaching

Assessment: Continual assessment and written and oral exam

Bibliography: Handout provided by lecturer

(MTBC006) Finnish for Foreigners 1

Credits: 6 cr Timing: 1 st year

Objective: To teach students the skills needed in everyday communication in Finnish and to

familiarise students with the Finns, their customs, the country and society.

Contents: Pronunciation, syllable division and other general language points

Greeting and introductions

Language skills, working, living, studying

Numerals: time, prices, banking

Asking simple questions and understanding instructions

Travelling

Food, making orders at a restaurant

Shopping

The school system

Basic geography of Finland

Finnish cuisine

Learning Strategies: Communicative and practical approach and group work

Assessment: Class work and written or/and oral exam

Bibliography: Hämäläinen, Aletaan

Facts about Finland Kenttälä, Kieli käyttöön

(MTBC007) Finnish for Foreigners 2

Credits: 3 cr Timing: 2nd year

Objective: To improve communication skills in the Finnish language

Prerequisite: Finnish for Foreigners 1

Contents: This course builds on the knowledge gained in Finnish for Foreigners 1.

Learning Strategies: Small group sessions

Assessment: Coursework, active participation, written and oral tests

Bibliography: Kangasniemi, Suomen kielen tikapuut jatkotaso 1

Hämäläinen, Jatketaan

COMPULSORY PROFESSIONAL STUDIES

(MTPT5Z) TOURISM SERVICES 41 cr

(MTPT013) Management of Nature and Sports Services 1

Credits: 4 cr Timing: 2nd year

Objective: Students will understand the scope and evolution of nature and sports tourism

management. This course will also provide students with a wide range of skills and knowledge which is needed when planning and managing services in nature and sports tourism. The course is divided in two parts to provide outdoor experiences

during different seasons.

Prerequisite: Introduction to Nature and Activity Tourism

Contents: Outdoor skills

Outdoor environment

Sports

Safety issues in outdoor activities

Land management

Parks and wildlife management

Learning Strategies: Lectures and excursions, visits to companies and sites. There will be field trips to

important nature tourism regions in Finland.

Assessment: Active participation in lectures, excursions, field trips, group work, written reports,

and oral presentations.

Bibliography: Reading list/ material provided by lecturer.

(MTPT014) Management of Nature and Sports Services 2

Credits: 4 cr Timing: 3rd year

Objective: Students will understand the scope and evolution of nature and sports tourism

management. This course will also provide students with a wide range of skills and knowledge which is needed when planning and managing services in nature and sports tourism. The course is divided in two parts to provide outdoor experiences

during different seasons.

Prerequisite: Introduction to Nature and Activity Tourism

Contents: Outdoor skills

Impacts of nature and tourism

Research on nature and sports tourism

Learning Strategies: Lectures and excursions, visits to companies and sites. There will be field trips to

important nature tourism regions in Finland.

Assessment: Active participation in lectures, excursions, field trips, group work, written reports

and oral presentation

Bibliography: Reading list provided by lecturer.

(MTPT003) Sustainable Tourism

Credits: 3 cr Timing: 2nd year

Objective: Students will gain basic knowledge of sustainable tourism theory and practice and

how it is used and integrated in the business environment.

Contents: Sustainable tourism and organisations

Tourism management implications - economic, environmental and sociocultural

issues.

Alternative tourism

Conventional mass tourism

Strategic roles: opportunities and obstacles within facilitation sectors

Role of attractions within sustainability

Quality control - Eco lables, codes of conduct and certification of accreditation.

Destinations and spatial strategies - zoning and redevelopment.

Strategies for visitor management. Environmental costs and benefits.

Learning Strategies: Lectures, group work, oral and written course work

Assessment: Active participation in lectures, exam and assignments

Bibliography: Weaver, D. (2006) Sustainable Tourism: Theory and Practice, Elesvier

Butterworth-Heinenmann

(MTPT015) Tourism Economics

Credits: 3 cr Timing: 2nd-3rd year

Objective: The objective of the course is to provide overview of economic analysis and how it

is used in the context of tourism.

Prerequisite: Introduction to Business Activities

Contents: Applications of economic analysis to the tourism context

The microfoundations of tourism demand

The theory of tourism supply and its market structure

Basics of Macroeconomics

Learning Strategies: Lecture, course work

Assessment: Exam, report

Bibliography: Tribe, J. 2005. THe economics of Recreation, Leisure and Tourism

Vanhove, N. 2005. The Economics of Tourism destinations

(MTPT005) Adventure Tourism

Credits: 3 cr Timing: 2nd - 3rd year

Objective: The course provides the academic and practical knowledge needed in adventure

tourism. There is a strong emphasis on experimental learning that includes topics

such as team building skills and group leadership.

Contents: Management of adventure tourism

Experimental learning Adventure experience

Learning Strategies: Lectures, seminars, excursions, group exercises, workshops, site visits to companies.

Assessment: Active participation in lectures, excursions, site visits, group exercises and

workshops, written report and group presentation.

Bibliography: Swarbrooke, Beard, Leckie & Pomfret. 2003. Adventure tourism.

Martin, Cashel, Wagstaff & Breunig. 2006. Outdoor leadership.

(MTPT006) Instructing Indoor and Outdoor Activities

Credits: 3 cr Timing: 2nd year

Objective: This course provides the knowledge and skills required for course and lesson

planning for outdoor and indoor activities and instructing people of different age groups. Students will also learn the educative, mental and skill based objectives of exercise. Students will be instructed in different activities by professionals and will

instruct others themselves.

Contents: Instructing aims and content

Sports and exercise planning, implementation and assessment

Teaching methods

Safety in physical education

Learning Strategies: Lectures, assignments, organising a sports day/excursion

Assessment: Exam or set tasks

Bibliography: Reading list and material provided by lecturer

(MTPT007) Event Management

Credits: 3 cr Timing: 2nd - 3rd year

Objective: The event management course provides an in depth overview of events and related

industries. This course covers a wide range of events e.g. sporting, cultural, arts and

entertainment etc. and congresses and fairs.

Contents: Management of events

Event tourism Congresses Fairs

Learning Strategies: Lectures, case-study exercises, group work

Assessment: Practical observations and skill competence, individual and group presentations,

Seminar paper on nominated topics

Bibliography: Watt, D.C.2001. Event Management in Leisure and Tourism

(MTPT008) Cultural Tourism in Finland

Credits: 3 cr Timing: 1st or 2nd year

Objective: Finnish history to this day and provides students with the skills to apply this

knowledge in tourism.

Contents: National and local culture

Significant events, personalities, settings and consequences

Learning Strategies: Lectures and group work

Assessment: Course work assignments and exam

Bibliography: Reading list/material provided by lecturer

(MTPT009) Food and Culture

Credits: 4 cr Timing: 1st or 2nd year

Objective: Students will understand the significance of healthy food for wellbeing as well as

gaining knowledge of the most common special diets. Students will be conversant

with different food services in tourism.

Contents: Basics of nutrition

Special diets

Basics of food services

Menu planning for different events

Learning Strategies: Lectures, discussions, individual and group exercises, kitchen work

Assessment: Exam and exercises

Bibliography: Reading list/material provided by lecturer

(MTPT010) Intercultural Communication

Credits: 3 cr Timing: 2nd year

Objective: The course aims to provide students with a theoretical and experimental framework

for intercultural communication from an interdisciplinary perspective and to increase their problem solving skills and communication skills with people from different cultural backgrounds in national, international and multicultural settings of

study and work.

Contents: Internationalisation and cultural identity

Culture is communication...Nationality

Communication is culture Inter-cultural communication Finnish and Nordic communication

Intercultural encounters:

Dimensions used when comparing communication across cultures

Learning Strategies: The course is based on face-to-face tuition, self-directed autonomous learning based

on a hypermedia program, and project work emphasising co-operative learning

Assessment: Continuous assessment, oral presentation & report

Bibliography: Lewis, R.D. When cultures collide, changing successfully across culture

(MTPT011) Tourism Planning and Policy

Credits: 5 cr Timing: 3rd year

Objective: This course provides an introduction to the concepts of tourism planning and policy

globally and in Finland. Students will gain an understanding of the purpose of tourism as well as planning and investigating some broad approaches to planning

and policy.

Contents: Policy

Planning

Economic impacts of tourism

Urban, rural and natural areas in tourism planning

Special interest tourism

Environmental impacts of tourism Management policy and planning issues

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Hall M.C, Jenkins, Kearsley G, Tourism, Planning and Policy (1997)

Other materials provided by lecturer

(MTPT012) Tourism Product Development 2

Credits: 3 cr Timing: 3rd year

Objective: Students will understand the role of developing product lines for improved

profitability in tourism. Students will be able to plan, price and promote different

types of tourism product lines.

Prerequisite: Product Development 1. Marketing of Tourism Services.

Contents: Tourism products and product lines, planning, pricing, distribution and promotion

Learning Strategies: Lectures Group works

Assessment: Exercises

Bibliography: Will be agreed in the beginning of the course

(MTPO6Z) BUSINESS ACTIVITIES 2 26 cr

(MTPO001) Marketing of Tourism Services

Credits: 3 cr Timing: 2nd year

Objective: Students will understand the special features of marketing tourism services and the

role of product, image, price and distribution channels in tourism marketing.

Contents: Product, pricing and distribution channels

Learning Strategies: Lectures, small group work, study visits

Assessment: Exam, exercises

Bibliography: Kotler P., Bowen J. and Makens J. Marketing for Hospitality and Tourism

(MTPO002) Marketing Communications

Credits: 3 cr Timing: 3rd year

Objective: Students will learn to evaluate and implement different promotion tools as part of an

integrated marketing mix.

Contents: Advertising

PR SP

Personal selling Marketing planning

Learning Strategies: Lectures, small group work, study visits

Assessment: Coursework and exercises

Bibliography: Kotler P., Bowen J. and Makens J. Marketing for Hospitality and Tourism

(MTPO003) Bookkeeping and Financial Statements

Credits: 5 cr Timing: 2nd year

Objective: The course will provide an introduction to the management of financial accounting

in Finland and also a comparison between Finnish and foreign financial statements. Students will gain an understanding of financial analysis and its techniques and

usage in estimating company financial performance and position.

Prerequisite: Business Operations

Contents: The role of accounting in business

Double-entry bookkeeping

Financial statements: preparing, reading and understanding

Analysing companies Cash flow statements

Ratios and their interpretation

TA-model

Learning Strategies: Lectures, case studies, exercises, e-learning

Assessment: Case-studies, exam

Bibliography: To be announced

(MTPO004) Human Resource Management

Credits: 5 cr Timing: 4th year

Objective: This course covers the information needed to understand the Human Resource

Management aspect of an organisation. It will develop an understanding of the skills needed for the formulation and implementation of HRM strategies while providing the basic information necessary to understand the function of management and

leadership in an organisation.

Contents: Introduction to HRM

Introduction to Leadership and Organisation

Management and Leadership as part of an organisation

Human resource planning Recruitment and selection

Orientation, training and development

Employee Relations
Performance Management
Remuneration and reward
International dimension of HRM

Learning Strategies: Lectures and exercises

Assessment: Class attendance (exercises, and discussions) 20% Presentation and report 30%

Exam based on course content 50%

Bibliography: Eugene McKenna & Nic Beech, Human Resource Management: A Concise analysis,

Prentice Hall, 2002.

Beardwell, I., Holden, L., Human Resource management: A Contemporary

Perspective, Pitman Publishing, 1997.

Hesselbein, F., Goldsmith, M., Beckhard, R. (ed.), The Leader Of The Future Ainger, A., Kaura, R., Ennals, R., Business Success Through Human Centred

Systems

Tyson, S., Jackson, T., The Essence Of Organisational Behaviour.

(MTPO005) Law Studies

Credits: 5 cr Timing: 2nd year

Objective: The course will provide students with a general knowledge of the legal framework

of business operations with special focus on contract and trade laws.

Contents: Sources of law

Law of obligations Contract law Business law Labour law

Legislation in tourism

Learning Strategies: Lectures, exercises, case studies

Assessment: Exercises and exam

Bibliography: To be announced

(MTPO006) Corporate Planning and Development

Credits: 5 cr Timing: 4th year

Objective: Students will understand the significance of business planning in a changing

operational environment.

Contents: The business operational environment

Corporate planning and strategic leadership

Learning Strategies: Lectures and course work

Assessment: Classwork, group work and assignment

Bibliography: Reading list/handouts provided by lecturer

(MTPM8Z) METHODOLOGICAL STUDIES 2 7 cr

(MTPM001) Applied Research Methods

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: This course will provided students with a thorough understanding of research

methods and their application in tourism processes, their relevance in business decision making and it also provides a basis for the study of relevant qualitative and

quantitative analysis procedures.

Prerequisite: Basic Studies

Contents: The research process and central methods

The research problem and questionnaire design

Qualitative and action research Overview of analysis procedures

Learning Strategies: Lectures, case studies, exercises and research project

Assessment: Research Project

Bibliography: To be announced

(MTPM002) Statistics

Credits: 4 cr Timing: 2nd year

Objective: The general aim of this course is to improve the student's understanding of

theoretical research and practical problem solving, and how to collect information and how systematic the collection of information should be as well as the use of primary and secondary data. On completing this course students will be able to use statistical parameters, the most common statistical methods, the foundation of

hypotheses testing and interpretation of results.

Prerequisite: Proficiency tests or recognised refresher course pass, Basis of Research

Contents: Uni-bidimensional distribution tables and statistical parameters

Graphical presentation of parameters

Dependency: correlation and regression analysis

Hypothesis testing and general tests

The use of data analysis by doing exercises with software packages

Learning Strategies: Lectures, classroom practical exercises and the individual use of the SPSS -program

Assessment: Exam and exercises

Bibliography: To be announced

(MTPC7Z) COMMUNICATION STUDIES 2 6 cr

(MTPC002) Academic Writing

Credits: 3 cr Timing: 2nd year

Objective: To improve the students' professional writing skills

Contents: Grammar surgery

Punctuation Coherence

Style and appropriateness

Reporting
Summarising
Table of contents
Quoting, reference list

Learning Strategies: Small group sessions

Assessment: Continuous assessment, assignments, written exam

Bibliography: To be announced

(MTPC001) Swedish for Tourism

Credits: 3 cr Timing: 2nd year

Objective: Students will be able to cope with written and spoken tourism and hospitality

communication situations in Swedish. They will be able to handle routine

correspondence and negotiations in different business situations.

Contents: Business communication

Gastronomy Negotiations Job application

Learning Strategies: Small group teaching

Assessment: Continual assessment and written and oral exam

Bibliography: Handout provided by lecturer

(MTPC003) Finnish Conversation

Credits: 3 cr Timing: 3rd year

Objective: To improve students' oral communication skills in the Finnish language.

Prerequisite: Finnish for Foreigners I-II

Contents: Discourses - different vocational subjects

Learning Strategies: Small group sessions

Assessment: Active participation in class activities

Bibliography: To be announced

(MTW11Z) FREE-CHOICE STUDIES 15 cr

(MTW001) Wildlife Watching

Credits: 3 cr Timing: 2nd - 3rd year

Objective: This course emphasizes wildlife watching as a type of tourism. It particularly

focuses on certain species like bears and old growth forest birds. All of these species are important in tourism or they have a great potential to become important in wildlife observation tourism. One of the main aims of the course is to learn how to

manage wildlife watching services.

Contents: Ethical Issues in wildlife watching

Mammal species in wildlife watching

Birds in wildlife watching Plants in wildlife watching

Management of wildlife watching services

Learning Strategies: Lectures, excursions and group work.

Assessment: Active participation in lectures, excursions and group work. Written report and oral

presentation

Bibliography: Reading list/material provided by lecturer

(MTW002) Fishing and Hunting Tourism

Credits: 3 cr Timing: 2nd - 3rd year

Objective: To provide the students with the knowledge and skills to manage products in fishing

and hunting services. This course is based on practical know-how and involves

learning and testing different forms of fishing and hunting.

Contents: Ethical issues in fishing and hunting

Fish species suitable for fishing tourism

Different forms of fishing

Legislation Hunting tourism Game species

Learning Strategies: Lectures and excursions.

Assessment: Active participation in lectures and excursions. A written product plan and oral

presentation.

Bibliography: Reading list/material provided by lecturer

(MTW005) Russian Tourism

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: To gain a broad overview of tourist operations and from Finland and other countries

to Russia.

Contents: Russian tourism destinations and attractions

A 5 day study trip to Russia, cost to

A 5-7 day study trip to Russia, cost to students appr. 100 euros

Learning Strategies: Course orientations and closing seminar in the class. Group assignments on agreed

themes A 5 day fact finding trip to St. Petersburg. Cost of the trip to students appr.

150 €.

Assessment: Portfolio containing learning diary and assignments

Bibliography: Reading list/material provided by lecturer

(MTW007) History of Tourism

Credits: 3 cr Timing:

Objective: This course develops an understanding of the history of travel as a recreational

pastime in different parts of the world, beginning with the ancient Greeks and ending with 20th-century global tourism markets. Students will explore trends and

changes in tourists and the tourism sector.

Prerequisite: Principles of Tourism

Contents: Grand tour

Rise of Mass Tourism

Tourist gaze

Cultural changes and new structures in tourism

Learning Strategies: Book exam/report

Bibliography: Selected reading

(MTW009) Destination Marketing

Credits: 3 cr Timing:

Objective: Becoming a recognized, desired destination is a demanding marketing challenge.

During the course we will approach the marketing of countries, regions and places

from different angles.

Contents: Marketing of countries, regions and places from theoretical and practical angles.

Learning Strategies: Lectures, group work, exercises

Assessment: Portfolio including learning diary and group exercises

Bibliography: To be announced

(MTW013) Management Procedures and Strategies

Credits: 5 cr Timing: 2nd - 4th year

Objective: Students will understand and be able to apply a strategic business control system.

Prerequisite: Leadership

Contents: Use of the balanced scorecard, scores and assessment, information gathering and

implementation

Learning Strategies: Independent study

Assessment: Book exam or long essay

Bibliography: Kaplan, Norton, The Balanced Scorecard

Aaker D., Developing Business Strategies

(MTW012) New Trends in Leadership and Management

Credits: 5 cr Timing: 2nd - 4th year

Objective: Knowledge capital providing a competitive edge will be emphasised during this

course, while providing students with a grounding in quality leadership,

activity-based management in business leadership and the significance of leadership

and management in the implementation of an organisation's basic operations.

Prerequisite: Leadership

Contents: Knowledge capital, quality leadership, activity-based management and accounting,

leading and leadership

Learning Strategies: Independent work

Assessment: Book exam or long essay

Bibliography: Students will choose three books from the following list for the book exam:

Ståhle, Grönroos, Dynamic Intellectual Capital Juran's Quality Handbook (luvut 1 - 17, 35 ja 36) Cookins G., Activity Based Cost Management

Pirnes U., Enchancing Leadership. The Dynamics of Leadership

(MTW015) Risk Management

Credits: 3 cr Timing: 2nd - 4th yr

Objective: Students will be conversant with the concept of risk management and the risk

management process. They will be able to identify, assess and manage business risks. Students will complete a risk management plan of a real or fictitious company

according to the instructions given on the course pages.

Contents: Risk management, the risk management process. Identification, assessment and

management of business risk.

Assessment: Web course

(MTW014) Organizational Psychology

Credits: 3 cr Timing: 2nd - 4th year

Objective: This course provides in depth knowledge of organisational behaviour.

Prerequisite: Leadership

Contents: The role and responsibility of leadership in conflict situations, dealing with

problems in the work community, work satisfaction, encouragement, reward and

skills development.

Learning Strategies: Independent work

Assessment: Book exam or long essay

Bibliography: To be announced

Language Studies

Language studies offered are listed under the Free-choice Studies in the Degree

Programme in International Business.

(MTT10Z) THESIS 15 cr

(MTT001) Thesis and Maturity Test

Credits: 15 cr Timing: 3rd - 4th year

Objective: The thesis provides an opportunity to study a problem or scheme in depth and from

a critical standpoint. It can be accomplished in the form of a piece of research, development project or applied research. The thesis must be of use in working life and it should promote the professional orientation of the students. Students will also participate in seminars where they will present their research topic and results as well as assessing other students' work. Students must also complete a maturity test.

Prerequisite: Applied Research Methods, Statistics

Contents: Seminar presentations of chosen thesis subject and participation in seminars

Assessment of other students' thesis and acting opponent for other students' work After the thesis topic has been accepted students will be nominated a thesis

superviser.

Subject analysis and research plan after which thesis can be completed and then presented during the seminar. The maturity test is completed afer the thesis has been

presented.

Bibliography: Reading list/handouts provided by lecturer

(MTH09Z) PRACTICAL TRAINING 30 cr

(MTH001) Practical Training

Credits: 30 cr Timing: 3rd year

Objective: Students will have the opportunity to familiarise themselves with the jobs and duties

of their chosen field as well learning to develop and assess their own work and working environment. Students should apply for training places themselves in a

domestic or foreign company or public organisation.

Contents: Seminars before and after the practical training period.

Practical training period in a tourism/hospitality company/public organisation

Training reports and assignments

More detailed instructions and forms are available on the webct that will be

presented during the practical training seminars.

Assessment: Practical training and reports